

Alexandra Health Centre  
and University Clinic.



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ANNUAL  
REPORT

FOR THE YEAR 1945.

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# ALEXANDRA HEALTH CENTRE AND UNIVERSITY CLINIC

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## BOARD OF MANAGEMENT, 1945.

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Mr. Justice O. D. SCHREINER, Chairman.  
Rev. Dr. J. DEXTER TAYLOR, Hon. Secretary.  
Miss E. J. S. MOODIE, Hon. Treasurer.

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Mr. DAN GUMEDE.	Professor J. M. WATT.

Dr. A. B. XUMA.

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### STAFF AT 31/12/45.

Medical Superintendent: A. MILLER, M.R.C.S., L.R.C.P., D.P.H.  
Assistant Medical Officer: JULIAN KATZ, M.R.C.S., L.R.C.P.

### HON. VISITING STAFF:

Obstetrician and Gynaecologist: O. S. HEYNS, M.R.C.S., L.R.C.P.,  
M.R.C.O.G.

Assistants: S. SHIPPEL, M.B., B.Ch.

N. E. C. DE LA HUNT, M.B., B.Ch.

Dermatologist: EVA BINION, M.B., B.Ch.

Paediatrician: H. LANGER, M.B., B.Ch.

### NURSING STAFF:

Nursing Superintendent: Sister R. C. COWLES.

Assistants: Sister J. H. LEWIS.

Sister A. HURD.

Nurse VIVIENNE KHOZA.	Nurse CATHERINE NHLAPO.
Nurse TRYPHENA KUBHEKA.	Nurse FRANCES NYATI.
Nurse LETTA MATLALE.	Nurse TALITHA PEBA.
Nurse OSARY MEKGOE.	Nurse ESTHER PILISO.
Nurse MARJORIE MHLONGO.	Nurse ALETTA SEATE.
Nurse BETTY MOEPYE.	Nurse NAOMI SIBIYA.
Nurse ROSE MTIMKULU.	Nurse MARY THEMA.
Nurse ANGELINE NGCWABE.	Nurse NORAH TSHABALALA.

School Nurse: Nurse ROSE MAJOZI.

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Medical Aid: Mr. T. S. NGCWABE.

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### FAMILY WELFARE DEPT.:

Mrs. GERTRUDE KARK.	Mr. PAUL KOTSI.
Miss H. MARGOLIS.	Mr. FRANS NTSIE.





THE ALEXANDRA HEALTH CENTRE AND UNIVERSITY CLINIC.





A WORKER RECEIVES IMMEDIATE ATTENTION.



# ALEXANDRA HEALTH CENTRE AND UNIVERSITY CLINIC.

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## REPORT OF THE BOARD OF MANAGEMENT FOR THE YEAR ENDED 31st DECEMBER, 1945.

Readers of the Clinic's Annual Report have grown accustomed to finding in it reports of new developments. They expect to learn that there have been additions to the buildings and that fresh fields of activities have been opened up. The past year is no exception in these respects, as will appear from what follows. But we must be careful lest the apparent and, indeed in many directions, the real progress that has been made induces a degree of complacency that the facts do not wholly warrant.

Dr. Miller in his report on the services rendered by the Clinic during the year draws pertinent attention to the fact that the number of visits made by the clinic's nurses to the homes of sick persons in the Township has actually fallen off. The explanation as pointed out by Dr. Miller, is that in view of the pressure of work at the Clinic itself we have not had enough nurses available for work on the district. But neither the Board nor the Staff is content to leave the position as it is.

In the Board's report for its first year, 1935, it was stated that at the commencement of the year the staff consisted of Sister Cowles and one African nurse. By the end of the year a second African nurse had been appointed, while the services of a third were made available on a temporary basis to cope with seasonal increases in sickness. The number of domiciliary visits made by this small staff was 12,693. It would, of course, be quite unfair and would give a wholly wrong impression if one simply compared this figure with the closely similar total of domiciliary visits by sisters and nurses given in Dr. Miller's report for 1945. Apart from the visits by doctors and students, account must be taken of the numerous visits referred to under the heading of maternity services. Moreover, and this is a most important consideration, the work at the Clinic itself has grown out of all recognition from what it was in the small two-roomed shack which we used in 1935. Doubtless, many patients who in that year would have been treated in their homes now make their way to the Clinic. On the other hand we must remember that the population of the Township has grown enormously since 1935. The Board reported the population in that year to be approximately 20,000; today it is estimated to be about 60,000. Both these figures are probably unreliable, but there is, clearly, reason to believe that despite the immense growth in the work done by the Clinic the

amount of domiciliary treatment being done in the Township is, proportionately to the population, less than was being done eleven years ago. That is a very serious state of affairs. The importance of treatment in the home of the patient cannot be too strongly emphasised. Visits to the Clinic are no doubt very often effective in relieving suffering and curing sickness but, apart from the many cases in which such visits are impossible owing to the condition of the patient, follow-up treatment in the home is essential if the work done at the Clinic itself is not, in some degree, to be wasted. It must be remembered that in the great majority of the homes in Alexandra the proper understanding of, and the facilities for, home nursing practically do not exist. District nursing not only supplies that want directly but educates the residents in the methods which alone can prevent disease and cope with it satisfactorily when it makes its appearance. It is of the utmost importance that we should not, in congratulating ourselves on extensions to the work at the Clinic itself, lose sight of the fact that what is perhaps the most important side of our work, that on the district, has not made similar progress. The members of the staff are, of course, in no way to be blamed for the situation that has gradually arisen. They have worked devotedly and under great pressure. But it is clear that the Board must face a substantial increase in expenditure in order to ensure that a sufficient number of nurses will be available for work on the district.

No apology is needed for dealing with the above matter at considerable length but, in consequence, other items, many of them of importance, must be dealt with somewhat briefly. Reference was made in last year's report to discussions with officials of the Union Public Health Department on the part which that Department hoped to play in the prevention of disease in the Township. Those discussions were followed up and it has been arranged that certain sections of the work hitherto done under the management of the Board will be undertaken by staff appointed by the Department. In accordance with the arrangements come to, the Board has erected three new rooms at the South end of the Clinic building which be leased to the Department. The interaction between the Department and ourselves will be the subject of discussion from time to time and we look forward to a future of close co-operation with great advantage to the health of the community that we are seeking to serve.

In this connection other extensions to our buildings during the year may be mentioned. For the use, mainly, of the Family Welfare Department a block of rooms has been erected North-east of the main Clinic block; this and the three rooms mentioned above form further instalments of the whole building as originally designed. But the most notable addition to the impressive group of buildings now adorning our site is the Students' Hostel erected and maintained by the University. That the students are thus



enabled to reside at the Clinic while they undergo their period of training there, is as much to the advantage of the patients as it is to the students themselves.

The Family Welfare Department has been getting into its stride and valuable investigations are being conducted by Mrs. Kark, Miss Margolis and their assistants into the living conditions of a large number of selected families. During the year we were promised by the Union of Jewish Women a large monetary contribution towards the erection of a Welfare Centre on No. 3 Square in the Township. The further moneys required have been made available by the Students' Rag Committee and after some delay arising out of building difficulties the necessary contracts have now been made and it is expected that a satisfactory building will be in readiness for occupation in June. Arrangements will in due course be made for members of the Union of Jewish Women to provide voluntary assistance in the running of this section of our work. The relations of the Family Welfare Department to the health visiting activities of the Public Health Department will be the subject of further discussion during the coming year.

Reference should, I think, be made to a plan for the provision of public shower baths for the use of township residents. This plan, put forward in the first instance by Mr. Emil Biss, has been under consideration by the Health Committee and it is hoped to set up a separate voluntary body to carry it to fulfilment. The Clinic will as far as possible co-operate in bringing about this important, indeed necessary, addition to the amenities of the Township.

During the year, through the good offices of a friend, the Clinic was enabled to acquire two Ford cars from the Department of Defence. They have proved invaluable but the condition of the roads in the Township is still so deplorable that nothing short of jeeps could long survive the strain.

As appears from our accounts, we should not have been able to meet the greatly increased cost of running the Clinic, even with the enlarged grants from the Transvaal Province and the Native Affairs Department, had it not been for the considerable sum provided by the Students from the Rag Collection and the sum of over £800 subscribed by the employers of residents in the Township to whom a special appeal was made early in the year. To one of the members of the Board, Mr. Suzman, is attributable the major part of the success of the appeal but the residents in the Township co-operated most zealously and our grateful thanks are due to them. Although the sum collected was substantial and most helpful it is nevertheless hoped that larger sums will in future come from this source, preferably in the form of regular subscriptions. We are glad to acknowledge once more the substantial help provided by the Medical Students' Dramatic Society and the generous contributions given by individual supporters of the Clinic.

Our thanks are, as always, due to Dr. Miller and Sister Cowles and their staunch and skilful assistants. During the year the

appointment of a second whole-time medical officer was authorised; the post has hitherto been filled on a temporary basis but it is hoped that a permanent appointment will soon be made.

Our thanks are also, again, due to Mr. B. A. Key, of Messrs. Vaughan, Key and Payne, for conducting, as he has done since the formation of the Clinic, the audit of our accounts in an honorary capacity.

O. D. SCHREINER, Chairman.

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## MEDICAL SUPERINTENDENT'S ANNUAL REPORT FOR YEAR ENDED 31st DECEMBER, 1945.

In order to give a more complete picture of the activities of the Clinic and the manner in which it serves the community of Alexandra Township, this report is presented in a form differing, in detail only, from those of previous years. The summaries which follow set out the volume of activity in the various branches of the Clinic for the year under review, together with comparative information for the previous year:—

### I.—CURATIVE SERVICES.

#### (a) Out-Patients.

During the year 25,068 medical consultations were recorded, an increase of 4,336 compared with those of the previous year.

	1945.	1944.
First Attendances ... ..	12,023	9,619
Repeat Attendances ... ..	13,045	11,113
Total ... ..	25,068	20,732

Children, particularly under 2 years of age, formed by far the largest number of patients, and the most common conditions for which medical advice and treatment were sought were gastro-enteritis and respiratory diseases. Women outnumbered men by about 5 to 1. Malnutrition and deficiency diseases, infectious diseases of practically all types, and skin diseases, were the conditions most frequently encountered in adults. It will be observed that these are all preventable diseases, due largely to the socio-economic conditions under which the people live: the need for improving these conditions cannot be stressed too strongly.

#### (b) Casualty.

	1945.	1944.
Dressings by Nurses ... ..	26,594	27,037
Dressings by Medical Aid ... ..	77	522
Dressings by Students ... ..	9,539	5,728
Total ... ..	36,210	33,287



The decrease in the number of dressings by the Medical Aid is accounted for by the fact that he had to be withdrawn from this work in order to cope with the development and expansion in other departments.

The above dressings included treatments of various kinds. The largest number, however, were for injuries sustained by accidents and assaults, particularly the latter. Again attention must be drawn to the fact that most of these injuries were due to causes which are preventable. Improved policing of the Township is sorely needed.

<b>(c) Domiciliary Treatment.</b>					1945.	1944.
Visits by Doctors	...	...	...	...	1,480	—
Visits by Sisters	...	...	...	...	809	—
Visits by Nurses	...	...	...	...	11,997	16,398
Visits by Students	...	...	...	...	1,507	—
Total					15,793	16,398
Number of Patients visited					3,780	3,291

No comparative figures exist for visits by doctors, sisters or students, as these were not separately recorded previously. These visits, however, increased as evidenced by the increased number of patients visited. This was not the case, however, in regard to visits by nurses; in fact, a considerable decrease in such visits is recorded despite a marked increase in the number of patients treated "on district." Shortage of nurses is responsible for this disquieting drop, which is a matter of some concern, as the visiting and treatment of patients in their homes form a very important function of the Clinic.

<b>(d) Specialist Clinics.</b>					1945.	1944.
(1) Attendances at Gynaecological Clinic	...	...	...	...	102	122
(2) Attendances at Dermatological Clinic	...	...	...	...	746	777
(3) Attendances at Paediatric Clinic	...	...	...	...	863	1,008
(4) Attendances at Dental (Extractions) Clinic	...	...	...	...	371	261
Total					2,082	2,168

Apart from dental extractions, a slight decrease in attendances at the other Clinics is recorded, and is due to fewer patients being referred to these Clinics. It is hoped that more specialists would be available, now that the war is over, to establish Clinics in other specialities. At present much hardship is experienced by patients who have to travel long distances to hospital for specialist consultations.



## II.—MATERNITY SERVICES.

### (a) Confinements.

A total of 698 deliveries were conducted in the homes of expectant mothers, i.e. 174 more than the previous year.

	1945.	1944.
Conducted by Sisters ... ..	150	—
Conducted by Nurses ... ..	386	524
Conducted by Students ... ..	162	—
Total ... ..	698	524

Confinements by Sisters, although conducted by them, were not recorded in previous reports. Students have had an opportunity for more maternity work since being in residence. This branch of the work of the Clinic has grown very rapidly, and has thrown extra strain on the already overtaxed Staff. Any increases in the nursing staff have of necessity been utilised to meet the additional demands of this department.

### (b) Post-Natal Visits.

	1945.	1944.
By Sisters ... ..	1,003	—
By Nurses ... ..	6,519	6,196
By Students ... ..	29	—
Total ... ..	7,551	6,196

Post-Natal visits by students is a recent innovation. Visits by Sisters were not recorded separately in the past, and therefore do not appear in the comparative figures.

## III.—PREVENTIVE SERVICES.

### (a) Antenatal Clinic.

	1945.	1944.
First Attendances ... ..	969	475
Repeat Attendances ... ..	2,076	2,039
Total ... ..	3,045	2,514

Two clinics a week are held: run in conjunction with the maternity service; the number of pregnant women who attended these Clinics more than doubled itself during the year under review.

### (b) Infant Clinic.

	1945.	1944.
Attendances ... ..	8,133	7,098

Held once a week this Clinic has proved of great value in combating gastro-enteritis in infants, a disease prevalent during the summer months. Instruction in infant welfare in general and infant feeding in particular have given very satisfactory results.



<b>(c) Special Diseases Clinic.</b>					1945.	1944.
Female Attendances	...	...	...	...	4,718	4,584
Male Attendances	...	...	...	...	1,537	1,401
Submitted for W.R.	...	...	...	...	889	1,253
Total	...	...	...	...	7,144	7,238
Injections given	...	...	...	...	6,324	5,982
District Visits	...	...	...	...	644	878

The number of attendances have remained practically the same during 1945. District Visits by the staff have decreased, and none will be able to be undertaken during the ensuing year, since the Medical Aid who was responsible for these visits has been withdrawn for more urgent work. However, arrangements have been made with the Alexandra Health Committee for its Health Inspectors to undertake some of these visits during the coming year. Only frequent visits to patients' homes and the propagation of knowledge of these diseases can maintain the present rate of attendance for treatment or can hold out any hope of an increase.

<b>(d) T.B. Clinic.</b>					1945.	1944.
First Attendances (notifications)	...	...	...	...	36	85
Repeat Attendances	...	...	...	...	47	—
Contacts Examined	...	...	...	...	191	129
Total	...	...	...	...	274	194
District Visits	...	...	...	...	302	275

In view of shortage of staff to do home visiting, the growth of this Clinic has been slow. However, valuable work has been done in the investigation and X-Ray of contacts and the detection of early cases.

<b>(e) Laboratory Services.</b>					1945.	1944.
Specimens Examined	...	...	...	...	275	—

The number of specimens examined during the previous year are not available. The laboratory is equipped only for routine investigations; investigations of a more complicated nature are sent to the S.A. Institute for Medical Research.

<b>(f) School Clinic.</b>					1945.	1944.
Attendances at Out-Patient Clinic	...	...	...	...	967	535
Attendances at Dental Clinic	...	...	...	...	948	805
Scholars examined in Schools	...	...	...	...	14,706	12,765
Dressings at School Dressing Station	...	...	...	...	3,399	—

The School Clinic was started in March, 1944, when a nurse possessing the Health Visitors' Certificate was made available for this work by the Provincial Education Department. Carrying out her duties in close co-operation with the Clinic and partly under the direction of the Clinic, the above very satisfactory results have been achieved, indicating the urgent need for such a service.



Children in all schools in the Township are examined regularly by the School Nurse; children requiring medical and dental attention are referred to the Clinic by her. Lectures, demonstrations, etc., on hygiene and other health problems are given by her at all schools. In April of this year a School Dressing Station was established, at a school centrally situated, for school children suffering from minor complaints (sores, wounds, skin diseases, etc.). The purpose of this dressing station was two-fold: to provide a place nearer and more convenient for children and to divert from the Clinic all these minor cases and so relieve the congestion at the Clinic and avoid interference with more urgent cases. This experiment has proved most gratifying, as indicated by the number of attendances.

#### IV.—HOSPITALISATION.

	1945.	1944.
Admitted to N.E. Hospital ... ..	258	—
Admitted to Bridgman Hospital ... ..	52	27
Admitted to Rietfontein Hospital ... ..	91	—
Admitted to Other Hospitals ... ..	7	—
Total ... ..	408	27

Acute surgical and medical emergencies were sent to the Non-European Hospital, Johannesburg, acute obstetric emergencies to the Bridgman Hospital and infectious diseases to Rietfontein Hospital. The numbers above indicate the need for a hospital in the Township, especially for infectious diseases. In view of the large number of confinements, 698, which is only a fraction of the total in the Township, a maternity hospital is also urgently needed. It should be appreciated that, in view of the number of patients treated "on district," a total of 3,780, hospitals in the City of Johannesburg were considerably relieved of additional congestion.

#### TOTAL ATTENDANCES.

The following included attendances for all branches of the Clinic, an increase of 13,259 compared with those of last year:—

	1945.	1944.
Attendances ... ..	87,270	74,011

It is interesting to note that the total attendances for 1940 numbered 28,911. In five years the annual attendance has increased by 58,359.

#### TOTAL VISITS.

	1945.	1944.
Visits ... ..	24,990	24,271

Of these, 11,997 were by District Nurses, the lowest ever recorded. Shortage of nurses, as previously pointed out, was responsible for this drop. The District Nursing Service requires additional nurses, not only to make up leeway, or to meet the demand of the increasing number of patients, which will inevitably occur, but to maintain a service of vital importance.

## **DISPENSING.**

The dispensary serves all departments of the Clinic. In view of the various services to the people, the use of large quantities of drugs and medical supplies of all types is essential. These were, in the past, acquired from wholesale chemists. By special arrangement with the Provincial Authorities, 18 months ago, all drugs and medical supplies, are now obtained from the Johannesburg Hospital at cost plus 10%; this new arrangement, together with improved organisation and greater economy, has resulted in a substantial saving, which may well amount to large sums annually.

## **IMMUNISATION.**

During January, February and March, an outbreak of Enteric Fever occurred in the Township: fifty-seven cases were reported with the highest incidence in January, viz. 34. With the help of medical students, 6,544 school children were immunized against Enteric Fever in February. Two injections were given at weekly intervals.

An outbreak of Smallpox of a virulent type occurred suddenly early in May, and it was not until the end of October when the last case was reported. The height of the epidemic was during May and June, when 97 cases were reported, and 56 during the period July-October, a total of 153 cases with 63 deaths—a death rate of 41%. All cases were isolated in the Rietfontein Hospital.

The Clinic played a prominent part in combating the outbreak. The Staff was responsible for finding and reporting cases and for making available personnel and equipment for the mass vaccination campaign which was organised in the Township. Medical students responded magnificently to the call for vaccinators. The total vaccinations numbered nearly 60,000.

## **HEALTH PROPAGANDA.**

A Health Week, organised by Sister Cowles, was held from the 21st till the 28th October. It was initiated by an official opening at the Clinic with Dr. G. W. Gale, of the Union Department of Labour, as Chief Speaker. During the week special lectures on Health were given in the schools and to public gatherings. A debate on Health created considerable interest and several health bioscopes were given both indoors and out to an estimated attendance of 5,000. Throughout the week short Health Films and Health Slogans were shown in the King's Theatre to large audiences, the whole theme of the week being built around the slogan "Where there is Dirt there is Danger." Thanks to the energy and enthusiasm of a number of Church women and older Wayfarers, a most successful street collection was conducted on Saturday of Health Week. The grand finale took place on Sunday, 28th October, in the form of a parade in which several thousand school children and mothers and babies took part, led by the King and Queen of Health, and the Red Cross, escorted by two brass



bands. The success of the week was due largely to the fine co-operation of the Schools, the Churches, the Manager of King's Theatre, and to the generosity of lecturers and the Red Cross.

### **TEACHING.**

During the year 146 final year medical students attended the Clinic and received instruction in Dispensary Practice. Of this number 41 belonged to the 1946 final year class; there was thus no break, as in previous years, between the two classes, but a continuous attendance throughout the year. The period of stay at the Clinic was two weeks and the numbers comprising the groups varied from two to eight.

With the completion of the hostel, students took up residence as from 30th July, 1945. Students were attached to all branches and departments of the Clinic's activities, in which they received instruction from the Medical Officers. Valuable experience, especially of a practical nature, was gained by them in medical practice relating to a large urban Non-European Community.

### **STAFF CHANGES.**

Dr. Mathilda Mendelow, who acted as Assistant Medical Officer for two years, left in October; Dr. Katz assumed duty in October.

Dr. Margarete Orford, Assistant to the Obstetrician and Gynaecologist, left in November.

Sister R. Laing resigned in August and Sister N. Batterbury in December. Sister H. van Eyssen assisted in a relieving capacity at various times during the year.

Nurse Adelaide Tseleng resigned in July and Nurse Dolly Ndhrazi in September.

Miss L. Molotto worked as a Social Worker in the Family Welfare Department from January to May.

A. MILLER,

Medical Superintendent.

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### **REPORT OF FAMILY WELFARE DEPARTMENT, NOVEMBER, 1944—31st DECEMBER, 1945.**

The Board of Management of the Alexandra Health Centre and University Clinic was enabled to inaugurate the work of the Family Welfare Department in November, 1944, as a result of the allocation from the Students' Rag Fund of 1944 of the sum of £3,000 for building purposes and £1,000 for the first year's maintenance of the Department.

The office of the Department was housed temporarily in the Staff Duty Room of the Clinic. On completion of the new wing of the Clinic in August, 1945, the Department moved to its present

accommodation, where three rooms are used for administrative purposes, interviews and meetings.

It was decided that the essential preliminary to the planning of a positive (personal promotive) health service was an intensive sociological and health survey of a small group of families in Alexandra Township, a study of the use made of existing health and social welfare facilities, and experiments in the organisation of group activities in order to assist the families to put their resources to the best possible use. Such activities envisaged the formation of recreational and physical training classes, cookery demonstrations, handicraft classes, the organisation of food purchasing groups, etc. Lack of accommodation and staff problems have greatly restricted the proposed programme of health work and the organisation of group activities, but the sociological survey of a group of families is nearing completion. It was originally intended to work with a group of fifty families, but the migratory nature of the population has resulted in the inclusion of 100 families, though full records are not obtainable for the total number. The detailed report of the survey is in preparation at present, and it is the intention of the Family Welfare Department to utilise the practical findings of the survey and the experience gained of local conditions and the approach to a heterogeneous population, in the establishment of its positive health programme for the future, and its organisation of the Family Welfare Centre, which is shortly to be constructed on Square 3 of the Township.

The construction of the Centre has been made possible through the magnanimous gift of £1,250 by the Johannesburg Branch of the Union of Jewish Women and its undertaking to assist with the development of the Centre; and also to the further allocation of £3,750 by the Students' Rag Fund of 1945 for the expansion and maintenance of the Family Welfare Department. The Alexandra Health Committee has expressed its willingness to co-operate in the work of the Department by permitting the construction of the Family Welfare Centre on Square 3 of the Township. To these bodies our warm thanks are due, and we hope to express our full appreciation of their support and confidence in the practical achievements of the Centre.

We also wish to express our appreciation of the assistance which Mrs. Colin Legum has given by taking charge of our weekly Knitting Class, and the guidance we have had from the Municipal Non-European Affairs Department and Mr. Harker in the establishment of a number of family vegetable gardens.

The members of the staff of the Family Welfare Department also wish to record their special thanks to Mr. Justice O. D. Schreiner and Mr. J. Janower for their contributions towards the establishment of the nucleus of a very essential Staff Reference Library. The books purchased have been of the greatest value in our work and more especially in the training of the staff.

GERTRUDE KARK.



# ALEXANDRA HEALTH CENTRE AND UNIVERSITY CLINIC, JOHANNESBURG.

§  
FAMILY WELFARE DEPARTMENT.  
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## MAINTENANCE ACCOUNT FOR THE YEAR ENDED 31st DECEMBER, 1945.

<b>To Salaries—</b>			
Europeans ... ..	£389 8 10		
Africans ... ..	388 17 0		£778 5 10
,, <b>Transport Expenses</b> ... ..			34 12 3
,, <b>Uniforms</b> ... ..			9 7 6
,, <b>Stationery</b> ... ..			4 4 6
,, <b>Equipment—</b>			
Handicrafts ... ..	11 0 9		
Vegetable Growing ... ..	0 9 3		
Games ... ..	6 2 9		
Furniture ... ..	18 5 0		35 17 9
,, <b>General Expenses</b> ... ..			3 0 2
<b>Total as per Balance Sheet, 31st December, 1945</b>			<b>£865 8 0</b>

VAUGHAN, KEY & PAYNE, Honorary Auditors,  
Chartered Accountants (S.A.)

Johannesburg,  
22nd March, 1946.



## REPORT OF THE NURSING SUPERINTENDENT, 1945.

We count our blessing anew at the end of this second year in the new Health Centre buildings, and the greatest of these blessings is friends—friends from overseas who have again sent gifts of linen, surgical dressings and money to be used for the work of the Health Centre; and friends in this land, both European and Bantu, from tiny tots, who sacrificed precious pennies for others less fortunate than they, to members of the Johannesburg Symphony Orchestra, who gave up time and comfort to bring a taste of good music to the people of Alexandra.

Throughout the year many of these friends have collected newspapers to be used in our maternity service as emergency mackintoshes or swaddling clothes for new-born infants; other friends have contributed bottles and matchboxes for the distribution of medicines; others still have given clothes, old and new, to bring comfort to babies and old folk. And some have sewed diligently—dozens of towels and lotion cloths and sheets, so that the work might proceed more efficiently. Several have made warm jerseys from wool given for the destitute and sick. The triplets brought us a deluge of cosy baby things and a new realisation of the essential goodness of people in general. Other friends have helped in less spectacular ways; giving of their time and some of them, also, of their precious petrol, to come to the Clinic week after week to keep things shining, to make dressings, to do hum-drum clerical work or to weigh chubby babies at the well-baby clinic. And still, other friends at the University Medical School gave generously of their time, in the early part of the year, to assist in a "blitz" against smallpox, or to help raise funds for the Health Centre and its new Family Welfare Department, which promises so much of uplift and practical help in the community which it serves.

And last, but not least, came the generous response of friends, from far and near, to bring joy to young and old at Christmas time. There was the nice fat turkey, ear-marked "Nursing Staff," and the hundred little red wagons for toddlers and the few precious dolls for eager little mothers; and the lovely music which brought light into the eyes of six hundred mothers and babies, and the food parcels which brought to the blind fresh evidence of the spirit of goodwill amongst men.

For all these things, we thank you all.

RUTH C. COWLES.



# ALEXANDRA HEALTH CENTRE AND UNIVERSITY CLINIC.

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## SUNDRY DONATIONS, 1945.

Adler, N. (per City Organist, Music Festival) ... ..	£0 10 0
Alden, H. L. ... ..	1 0 0
Alexandra Health Committee (re Vaccinations) ... ..	1 0 0
Anglo-Transvaal Cons. Inv. Co. Ltd. (Annual) ... ..	100 0 0
Anonymous, 2—10/-, 1—6/6, 5—5/-, 1—3/-, 1—1/10	2 16 4
Aronsohn, Wm. (Annual) ... ..	100 0 0
Aronsohn, Mrs. Wm. ... ..	5 0 0
Bethlehem, L. ... ..	7 0 0
Bompas, Mrs. F. ... ..	0 6 0
Brebner, Prof. I. W. ... ..	16 10 0
Dyke, Eric J. (per Prof. I. W. Brebner) ... ..	25 0 0
de Wet, J. C. ... ..	0 10 0
Doherty, Mrs. ... ..	1 0 0
Fine, Godfrey ... ..	1 1 0
Friedman, Mrs. Bernard ... ..	15 16 0
Friel, B. H. (Annual) ... ..	10 10 0
Gordon, W. ... ..	50 0 0
Greenberg, The Hon. Mr. Justice L. ... ..	10 0 0
Hartshorn, Mrs. E. P. ... ..	3 0 6
Heynes, Mrs. ... ..	0 10 0
Hollerith Machines ... ..	2 2 0
Hunt, Mrs. B. R. ... ..	2 2 0
Johannesburg Symphony Orchestra, proceeds Concert in Alexan- dra: £37/6/7 less expenses, £1/15/- ... ..	35 11 7
Johnson, C. J. (and family) ... ..	100 0 0
Johnson, Mrs. H. W. ... ..	40 0 0
Jones, J. D. Rheinallt ... ..	1 1 0
Klein, Mr. ... ..	1 2 0
Klenerman, Mrs. F. ... ..	3 3 0
Le May, Professor H. ... ..	5 0 0
Levy, L. ... ..	3 3 0
Lewis, Stakesby ... ..	1 1 0
Lowick, Mrs. M. M. ... ..	5 0 0
Maybaker (Pty.) Ltd. (per Students' Medical Council, Wit- watersrand University) ... ..	5 5 0
Metal Holloware & Cutlery Manufacturers, National Industrial Panel of ... ..	68 0 0
Millar, Mrs. ... ..	1 0 0
McKitrick, Misses ... ..	0 7 6
Neve, Mrs. ... ..	0 10 6
Old Apostolic Church of Africa ... ..	5 5 0
Papenfus, J. A. ... ..	10 0 0
Preller, Mrs. ... ..	0 5 0
Ramke, Mrs. ... ..	2 0 0
Rand Provident Building Society (Annual) ... ..	10 10 0

Robertson, Mrs. M. K. ... ..	2	2	0
Rosenberg, Eric (Annual) ... ..	25	0	0
S.A. Reserve Bank (Annual) ... ..	10	10	0
S.A.W.A.S., Unit 465 ... ..	22	10	0
St. Marks' Presbyterian Church Women's Assoc. ... ..	2	2	0
Schreiner, The Hon. Mr. Justice O. D. (Annual) ... ..	26	5	0
Transvaal Confectionery (Pty.) Ltd. (per W. Wetzler) ... ..	3	0	0
Transvaal Pharmaceutical Assn. ... ..	56	13	4
Union Defence Force (contribution by men brought to visit Clinic by Senior Information Officer, Northern Command) ... ..	6	10	0
Ulman, Mrs. ... ..	0	3	0
Union of Jewish Women ... ..	2	2	0
University of the Witwatersrand—Students' Medical Council, proceeds of Play ... ..	213	5	2
Whiteley, Mrs. P. ... ..	1	1	0
	<hr/>		
	£1,030	1	11
	<hr/>		

The figure for the Street Collection in Alexandra during Health Week was made up as follows:—

Cash in boxes ... ..	£33	9	4
Holy Cross Mission ... ..	20	0	0
Mr. Samuel Makhubele ... ..	1	0	0
Berlin Lutheran Church ... ..	2	0	0
	<hr/>		
	£56	9	4
	<hr/>		

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### DONATIONS TO APPEAL MADE TO EMPLOYERS OF LABOUR RESIDENT IN ALEXANDRA TOWNSHIP.

£50.—African Explosives & Chemical Industries, Ltd.; Feldman (Pty.) Ltd., L. (with Mr. Len Oates) ... ..	£100	0	0
£25.—Alloy Diecast Co. (Pty.) Ltd.; Central News Agency; Greaterman's Stores; Morren & Sons. J. E. ... ..	100	0	
£20.—Maryvale Mineral Water Works ... ..	20	0	0
£12.—Macdonald Forman & Co., Ltd.; Suzman, Ltd., L. ... ..	24	0	0
£10/10/-.—Assoc. Engineers Co., Ltd.; de Leeuw, Louis; Hofman Bros. (and Mrs. Bertha Hofman); Kero Bldgs. (Pty.) Ltd.; Press, Hubert; Transvaal Brewers' Assn. ... ..	63	0	0
£10.—Melman, S.; Steel & Barnett, Ltd.; Unger, F. A. ... ..	30	0	0
£5/5/-.—Atlantic Refining Co.; Bayer Pharma (Pty.) Ltd.; Couzin & Attwood (Pty.) Ltd.; Davies & Co., Ltd., Hubert; Evans, Mrs. Roy; Fraser & Chalmers (S.A.) Ltd.; Holdman & Vidol, E.; Hirtzel & Co. (Pty.) Ltd.; Holy Cross Mission; Hendler & Hendler; Jones, F. D.; Murray & Co., Joseph; Motor & General Supplies (Pty.) Ltd.; O.K. Bazaars (1929) Ltd.; Quinn & Co., Ltd., J. W.; Robor Ltd.; Stuttaford & Co., Ltd.; Standard Bldg. Soc.; Stott & Co., Geo.; Shell Co. of S.A. Ltd.; Transvaal Mattress & Furnishing Co.; Vulcan Rubber Works (Pty.) Ltd.; Vacuum Oil Co. of S.A. Ltd. ...	120	15	0



£5.—Black, Dr. Jas. ; Beverley & Co., J. ; Cohen, Lt. M. ; Central Eng. Works Ltd. ; Connell Instrument Co. (Pty.) Ltd. ; Hunt, Mrs. E. ; Home-Rigg, J. B. ; Jones' Rubber & Machinery Co. (Pty.) Ltd. ; McPhail (Pty.) Ltd., W. R. ; New Brazing Process & Coppersmith ; Pollak (Pty.) Ltd., E. R. ; Seligson & Clare Ltd. ; Slade, Dr. & Mrs. G. F. ; Transvaal Steel Pressing Synd. Ltd. ; Union & Congo Industries (Pty.) Ltd. ... ..	75 0 0
£3/3/—Cassirer, R. ; “Eva” Dress Mfrs. (Pty.) Ltd. ; Gallo (Pty.) Ltd. ; Greenberg, C. ; Hoffmann, F. G. ; Itzkowitz, H. ; Johannesburg Offal Traders ; Lewis Construction Co. (S.A.), Ltd. ; Lever Bros. (S.A.) (Pty.) Ltd. ; Marcus & Co., Alec. ; Mendelovitz & Co. ; Plate Glass Beveling & Silvering Co. ; Rudaizky & Janower ; S.A. Druggists ; Southern Transvaal Lawn Tennis Assn. ; Sage & Co. (S.A.) Ltd. ; Teikamdas Bros. ; Unterhalter's Mattress Works ; White Mfg. Co. (Pty.) Ltd., The S. ; Wakefield & Co., Ltd., C. C. ... ..	63 0 0
£3.—Gerson Mfg. Co., S. ; Geen & Richards, Ltd. ... ..	6 0 0
£2/2/—Arc Eng. Supply Co. (Pty.) Ltd. ; Atlas Footwear (Pty.) Ltd. ; African Sales Co. (Pty.) Ltd. ; Boyer (Pty.) Ltd., H. ; Boswell, Thiel & Brown ; Cohen, M. Andrew ; Collins, E. E. ; Coronation Garage (Pty.) Ltd. ; Colman Bros. & Co. ; Central Agencies & Import Co. (Pty.) Ltd. ; Davies, A. W. ; Dandy Polish Co. ; Douglas, Son & Pugh (Pty.) Ltd. ; Gratus & Gratus (Pty.) Ltd. ; Holman Bros. (Pty.) Ltd. ; Heilbron, J. ; Jacobs & Co. Ltd., L. K. ; Kingsbury & Co. (Pty.) Ltd. ; Leon's Mineral Water Works ; Lion Sweet Works, Ltd. ; Liberty Box & Bag Mfg. Co. (Pty.) Ltd. ; Love, J. MacGill ; Metal Pressings (Pty.) Ltd. ; Nemen & Co., Robt. ; Piel's Cold Storages Ltd. ; Progress Electric Fitting Co. (Pty.) Ltd. ; Proctor, Mrs. L. N. B. ; Rosenfeld & Co. ; Reinforcing Steel Co., Ltd. ; Selected Units Inv. Trust Ltd. ; Shimwell Bros. (Pty.) Ltd. ; Stern & Co., B. ; Treger, A. ; Thesen & Co., Ltd. ; Twentieth Tdg. Co. ; Tiger Tdg. Co. & Clothing Mfrs. ; Weinberg & Co., A. ; Wadley, Lt.-Col. E. J., C.B.E., D.S.O. ; Weinbren, B. ... ..	81 18 0
£2.—Assoc. Ceiling Industries (Pty.) Ltd. ; Edmunds & Son (Pty.) Ltd. ; Excelsior Fashions (Pty.) Ltd. ; Futran, Mrs. Eva ; Holgate's Motor Co. (Pty.) Ltd. ; Joseph, Ernest ; Phipps, Mrs. E. A. ... ..	14 0 0
£1/11/6.—Abrahams, I. ; Compressed Yeast Ltd. ; Grace, C. ; Rietfontein Hospital (European and African Staff) ... ..	6 6 0
£1/10/—Transvaal Confectionery ... ..	1 10 0
£1/5/—Mrs. Schraagschild ... ..	1 5 0
£1/1/—African Tobacco Mfrs. (Pty.) Ltd. ; Bakers Ltd. ; Baum, S. ; Chester Jones & Delfos ; Cavanna Prods. ; Cosmedin Wholesale ; Carter, Sister Theo. ; Century Radio & Tube Co., Carter Bros. Prods. (Pty.) Ltd. ; Chambers, Miss M. ; Cutten, A. J. ; Dominec (Pty.) Ltd. ; Express Messengers	

(Pty.) Ltd.; Emdin's Drapers; "Else" Toys & Novelties; Educational Services (Pty.) Ltd.; Frankel, O. I.; Furniture Enterprises (Pty.) Ltd.; Gerstal Furniture & Woodwork; Gluckman, Mrs. H.; Gibson & Jones; Hickman, M. H.; Harley Furnishers; Isaacowitz, I. M.; Johannesburg Wire Products; Koseff & Co.; Levinsohn, L.; Losky, H.; Lowe & Co., Ernest; National Timber (Pty.) Ltd.; Nason's Lacquer Dist. Agency.; Partex Products; Rissik, Mrs. P. U.; Reeves, E. P. Colville-; Rand Broom & Brush Mfrs.; Sable, G.; S.A. Neckwear (Pty.) Ltd.; Squirrel & Popplewell; Schlosberg, A.; Segell, L.; Scher, A.; Sydenham Pharmacy; Suliman's Store; Transvaal Clothing Pressers (Pty.) Ltd.; Thompson, Jas. M.; Union Overall Mfg. Co.; United & T'vaal Trunk Mfrs.; Union Lampshade Mfrs.; Whittingham, R. R.; Yeoville Cycle Works	...	...	...	...	...	...	52 10 0
£1.—Abbott Laboratories (S.A.) (Pty.) Ltd.; Barry, Lilian D.; Black & Co., D.; Barnes, Mrs. D.; Bies, Andrew; Beulich, H.; Bramley Butchery; Campbell, Mrs. E. M.; Cooper, Mrs. G. E.; Dalglish, W. & G.; Dart, R. A.; Forsyth, Mrs. W. A.; Gonski & Sons, Max; Heim, Albert F.; Hemming, J. M.; Hewitt, Mrs. Dorothy; Harris, Mr. & Mrs. H. D. T.; Harrison, Guy F.; Jenkins, A. P.; Lamson Paragon S.A. (Pty.) Ltd. (Caribonum Dept.); Lauer, Dr. R. B.; Morgan, Miss Patricia; McKecknie & Co. (Pty.) Ltd., A.; Rae, Mrs. A. C.; Sachs & Berman; Saphra & Co. (Pty.) Ltd.; Suransky, K.; Tickton, David; Tremont Mfg. Co.; Trelease, J. S.; Universal Motors Ltd.; Verrinder Ltd.; Wides, S.; Wangra, Thos.	...	...	...	...	...	...	34 0 0
15/-.—Gill, K. M.	...	...	...	...	...	...	0 15 0
10/6.—Bethlehem, V. B.; Choban, H.; Golding, I.; Greenblatt, A.; Higgs, Mrs. M. A.; Lurie, E. M.; Lawrence, H. D.; Mrupe, J. K.; Newtown Plumbing Works (Pty.) Ltd.; Raymond, Dr. F.; S.A. Pine & Timber Co.	...	...	...	...	...	...	5 15 6
10/-.—Anon; Begley, H. V.; Jacobsson, Mrs. D.; Orlin, I.; Sharman (Pty.) Ltd.; Todd, G.; Union Swiss Distributors (Pty.) Ltd.	...	...	...	...	...	...	3 10 0
9/-.—du Toit, Mrs. D.	...	...	...	...	...	...	0 9 0
7/-.—Phillips, Mrs. H. G.	...	...	...	...	...	...	0 7 0
5/6.—Yaba (Sarah), Employers of	...	...	...	...	...	...	0 5 6
5/-.—Browning, Mrs. R.; Fraser, E. E.; Goliath, Mrs. L.; Henning, Mrs. J.; Murray, J.; van Zyl, G. S.; Wilson, M. M.; Y.M.C.A.	...	...	...	...	...	...	2 0 0
2/6.—Barend, Mrs.; Burnand, Mrs. F. B.; Durham, M. S.; Hopkins, Mrs. M. M.	...	...	...	...	...	...	0 10 0
							<u>£806 16 0</u>







## ALEXANDRA HEALTH CENTRE AND

### INCOME AND EXPENDITURE ACCOUNT FOR

1944.			
£1,083	To Doctors' Salaries and Fees ... ..	£1,696	5 8
2,772	„ Nurses' Salaries and Allowances ... ..	3,669	18 1
141	„ Clerical Salaries ... ..	171	7 0
293	„ Wages ... ..	364	11 10
1,500	„ Medical and Surgical Supplies ... ..	1,354	9 6
	„ Milk ... ..	£629	17 11
368	„ Less—Recovered from Recipients ... ..	85	9 9
	„ Ambulance Charges—less Recoveries ... ..		66 12 6
	„ Water, Lighting and Heating ... ..	393	0 2
284	„ Less—Recovered from Students' Hostel ... ..	25	0 0
	„ Motor Car Expenses and Allowances ... ..	488	8 8
129	„ General Expenses ... ..	192	1 11
163	„ Printing and Stationery ... ..	172	12 0
64	„ Insurance ... ..	73	16 2
	„ General Household Equipment and Supplies ... ..	146	5 9
133	„ Laundry and Cleaning ... ..	172	12 9
67	„ Repairs ... ..	123	6 2
50	„ Telephone Rent and Calls ... ..	79	2 6
180	„ Vacuum Tank Fees ... ..	101	12 3
	„ Maintenance of Buildings ... ..	435	0 11
205	„ Depreciation—		
	Motor Cars ... ..	138	18 10
	Furniture and Fittings ... ..	60	9 2
	Medical Equipment ... ..	73	5 10
40	„ Surplus for year carried to Balance Sheet	224	6 2
		£8,137	£10,717 12 0

To the Members, **Alexandra Health Centre and University Clinic.**

We have to report that to the best of our knowledge and belief and according forth reflects a true statement of the Income and Expenditure of the Alexandra Johannesburg,  
22nd March, 1946.

## UNIVERSITY CLINIC, JOHANNESBURG.

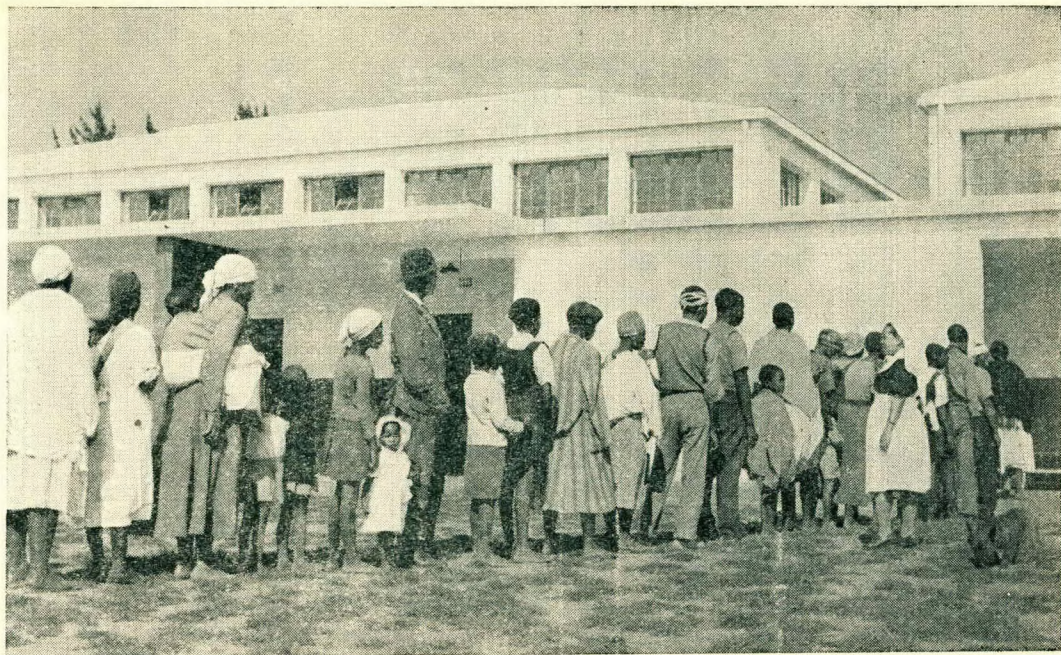
### THE YEAR ENDED 31st DECEMBER, 1945.

1944.			
	By Donations and Grants—		
£1,210	University of the Witwatersrand ... ..	£1,200	0 0
500	Students' Rag Committee—University of the Witwatersrand ... ..	1,500	0 0
	Union Government—		
	Native Affairs Department ... ..	£800	0 0
	Department of Public Health—		
	Refund of portion of Nurses' salaries and allowances ... ..	1,107	19 10
1,595	Transvaal Provincial Administration	700	0 0
400	Alexandra Health Committee ... ..	600	0 0
600	City of Johannesburg ... ..	250	0 0
175	Martha Washington Club ... ..	12	0 0
12	Alexandra Township Limited ... ..	360	0 0
360	American Board of Missions ... ..	203	1 8
206	Street Collections—		
	Alexandra Township ... ..	56	9 4
54	Sundry Donations ... ..	1,030	1 11
973	Donations in response to a Special Appeal to the Employers of Alexandra Township Residents ... ..	806	16 0
	Less—Printing and other expenses ... ..	68	19 10
		737	16 2
		8,557	8 11
2,039	„ Patients' Fees ... ..	1,897	7 3
13	„ Interest ... ..	262	15 10
£8,137		£10,717	12 0

to the information supplied to us, the Income and Expenditure Account above set Health Centre and University Clinic for the year ended 31st December, 1945.

VAUGHAN, KEY & PAYNE, Honorary Auditors;  
Chartered Accountants (S.A.)





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