

35
M

Alexandra Health Centre
and University Clinic.



ANNUAL
REPORT

For the Year 1948.

ALEXANDRA HEALTH CENTRE AND UNIVERSITY CLINIC.

THE Chairman and Members of the Board of Management
cordially invite you to be present at the

ANNUAL GENERAL MEETING

to be held at the Clinic, Second Avenue, Alexandra Township,
on SATURDAY, 30th APRIL, 1949, at 3 p.m.

The Speaker will be the Hon. the Administrator of the Transvaal,
Dr. W. Nicol.

R.S.V.P. to
Mrs. J. P. Immelman,
Kallenbach Drive,
Linksfield, Johannesburg.

TEA.

Alexandra Health Centre and University Clinic.

BOARD OF MANAGEMENT, 1948.

Mr. Justice O. D. SCHREINER, Chairman.

Mrs. J. P. IMMELMAN, Hon. Secretary.

Miss E. J. S. MOODIE, Hon. Treasurer.

Mrs. W. ARONSOHN.

Rev. LEE D. BERGSMAN.

Dr. JAMES BLACK.

Mr. I. W. BREBNER.

Professor R. A. DART.

Professor C. M. DOKE.

Professor G. A. ELLIOTT.

Mr. J. D. GAMEDE.

Mr. DAN GUMEDE.

Mrs. E. P. HARTSHORN.

Professor O. S. HEYNS.

Professor H. LE MAY.

Miss E. MCGREGOR.

Mr. T. D. NEL.

Mr. Justice W. H. RAMSBOTTOM.

Mrs. O. D. SCHREINER.

Professor DIGHTON STAMMERS.

Professor W. E. UNDERWOOD.

Dr. L. S. WILLIAMS.

STAFF AT 31/12/48.

Medical Superintendent: SIDNEY SAX, M.B., B.Ch., D.P.H.

Resident Medical Officer: I. COHEN, M.B., B.Ch.

Part-time Medical Officer: G. GREENMAN, M.B., B.Ch.

HON. VISITING STAFF:

Obstetrician and Gynaecologist: O. S. HEYNS, M.R.C.S., L.R.C.P.,
M.R.C.O.G.

Assistants: A. CULINER, M.D., M.R.C.O.G., S.A.C.S.

F. DAUBENTON, M.B., B.Ch., M.D.

L. G. R. VAN DONGEN, M.B., B.Ch., M.D.

A. C. NAYLOR, M.B., B.Ch.

Dermatologist: EVA BINION, M.B., B.Ch.

Paediatrician: S. SELBY, B.Sc., M.R.C.P., L.R.C.P.

NURSING STAFF:

Nursing Superintendent: Sister J. A. H. LEWIS.

Assistants: Sister F. G. HAINES, Sister A. CROASDELL (Jan./May),

Sister P. SEILER (from 16th June).

During whole year:

Nurse FRIEDA CALVERT.

Nurse HELEN CELE.

Nurse RITA KINNEAR.

Nurse LEXIE MOATSE.

Nurse VIOLET MONAMOLI.

Nurse MARY THEMA.

Nurse NORAH TSHABALALA.

Nurse MINA TYFANE.

Male Nurses: ROBERTSON CIMALIRO.

ALFRED MKANDAWIRI.

DAVID WATSON.

More than for six months:

Nurse ALBERTINA DHLEPU.

Nurse ANNA AUDREY DUIKER.

Nurse HILDA FONGO.

Nurse CATHERINE NHLAPO.

Nurse EUGEN NTALO.

Nurse GRACE TSEBE.

Other Nurses: BETTY ANDREWS, BEATRICE DILAPE, EDITH HERMANUS, VIVIENNE KOZA, DOROTHY LOUWEANT.

CONSTANCE MALUNGA, GLADYS NGCOBO, TALITHA PEBA, EVA POOE, CLARA SEAKAMELA, ROSE SEKHATLE.

Male Nurses: JAMES MAKUMBA and SAMSON MKANDAWIRI.

Clerk: THEOPHILUS MTEMBU.

HON. AUDITORS:

Messrs. VAUGHAN, KEY & PAYNE.

(For FAMILY WELFARE DEPARTMENT, see page 16.)

Alexandra Health Centre and University Clinic.

§

REPORT OF THE BOARD OF MANAGEMENT FOR THE YEAR ENDED 31st DECEMBER, 1948.

In the Report for 1947 it was necessary to stress the difficulties, financial and other, that had been encountered during that year. 1948 was somewhat different. For reasons that will be indicated later there was no addition to the considerable deficit incurred in 1947, and in other respects the work of the Clinic, though there was much to do, proceeded smoothly throughout the year. We have frequently had occasion to note in these reports the growth of the work from year to year but even in that setting of persistent progress 1948 was remarkable in this respect. That is as it should be, for we are, of course, still very far indeed from providing Alexandra with the sort of full service, covering all people and all health aspects, that it is our duty to strive to reach. Dr. Sax, who became our Medical Superintendent at the beginning of 1948, is to be congratulated on the very satisfactory results of his first year of office. There is every reason to think that those results are not merely statistically impressive but that they truly represent an enlarged and better service given by a keen and efficient team of workers. That is highly satisfactory, but at least equally so is the fact that the need for continual expansion, and improvement, to the limits of practicality; is always present to the minds of those who are in charge of the work.

That the watchful controller of our finances, Miss Moodie, is able to report a small surplus on the year's working instead of the grievous deficit of the previous year is attributable in the main to three factors. In the first place the expansion of the work already alluded to, while it has involved more expenditure on drugs and dressings, has led to an increase in the item of patients' fees. Then the raising of the percentage of refund of nurses' salaries from 50 per cent. to 75 per cent. has greatly improved our position. Finally the contributions made by members of the public, both directly and through the University Students' Rag, show a substantial and very gratifying increase. It is most important, however, to realize that despite these favourable factors our income only showed an excess over our expenditure of under £100. In view of the indications that money will be tighter this year than it has been in recent years it is to be hoped that those on whose decisions our revenues, and therefore the scope of our activities, depend, will see that we are not again faced with a deficit and consequent further reduction of essential working capital. The loss incurred in 1947 should be made good as soon as may be; at least we must strive to avoid any further diminution of our resources.

As we need to remind ourselves, there is still a substantial part of our building programme that awaits completion. In particular, the important item of a hall for lectures and films on health matters, which formed part of the original plan for the Clinic, is no nearer realisation in bricks and mortar than it was when the present buildings were erected more than five years ago. If substantial progress is to be made in health education at Alexandra I am convinced that the building of the hall must not be long delayed.

Before I leave the financial side of our affairs I should refer to the notable help that Miss Moodie is now receiving from Mrs. Hyslop and to our satisfaction at having Prof. Le May again with us to assist in the regulation of our finances. With our purse strings in the hands of this group from North of the Tweed we can assure prospective contributors to our funds that there is little risk of waste due to laxity in administration. Departing, for variety's sake, and to avoid the impression of recording a mere formality, from the stereotyped order, I make mention at this stage of the debt that we again owe to Mr. B. A. Key, of Messrs. Vaughan, Key and Payne, for carrying out our burdensome audit free of charge.

In the latter half of the year a burst of activity on the hospitalisation front aroused the lively interest of all who are associated, in one way or another, with Alexandra. We of the Clinic had hoped that some day we should have a large hospital adjacent to or in close proximity to our grounds. Working in close association with such a hospital and with the Government Health Centre we had hoped to contribute to the creation of such a concentration of preventive and curative medicine as would go far to eliminate avoidable ill-health in Alexandra and its environs. In the result the local concentration that we had aimed at has not, for the present at least, been achieved. The Chronic Sick Home at Rietfontein, which in its non-European section has not, for lack of staff, been used since its erection some years ago, is to be converted into a hospital. It is several miles from Alexandra but there will be a very considerable saving in time of transit for patients and, equally important, for their visitors, as compared with the present position. It must be emphasized, however, that the factor of separation makes the site of the new hospital unsatisfactory and that provision for the care and housing of the chronically sick is essential and urgent. In the circumstances, financial and other, the new hospital was, apparently, the best that could be achieved, but it is to be hoped that it will not now be considered that the hospitalisation requirements of the Non-Europeans in North-Eastern Johannesburg have been sufficiently and finally met.

Towards the end of the year under review the question of providing a proper dental service for the residents of the township again engaged the Board's attention. Under the will of the late Dr. Samuel Gottlich the sum of £387/1/11 was made available to the

Clinic for the acquisition of a dental chair and equipment. On the foundation of this generous bequest the Medical Superintendent, acting in association with the Union Health Department and organizations interested in dental treatment, has been laying plans which it is hoped will produce practical results in the present year.

Our relations with the Government Health Centre have during the year 1948 been cordial and co-operative. A problem that has required and still requires careful handling is the examination and treatment of school children and the financing thereof.

The Family Welfare Department had another successful year. Miss Junod and her co-workers have demonstrated beyond question how important are the results that can be achieved by such a centre as that on No. 3 Square. The work must, however, be greatly expanded and several other centres must be brought into existence before the influence of the department, highly beneficent though it is, can bring about a substantial improvement in social conditions in the Township. Since the close of the year we have learned of Miss Junod's intention to pursue overseas her study of welfare work of the kind that she has been conducting so skilfully and conscientiously at Alexandria. Her departure will be a great loss to us; we wish her all the success that she so signally deserves.

News from our friends in America comes to us from time to time. The sympathy of the innumerable friends of Miss Cowles went out to her when we learned of the death of her mother. We hope one day to welcome Miss Cowles back to South Africa. Mrs. Bridgman and Dr. and Mrs. Dexter Taylor are, as always, busy in the carrying out of good works in Massachusetts. We continue in the meantime to receive support from their compatriots in Johannesburg, encouraged thereto by the indefatigable Mrs. Immelman, who to her other manifold services to the Clinic has added the duties of honorary secretary.

The most important staff change that took place after the beginning of the year was the departure of Sister Croasdell after a year of valuable service. Her place has been successfully taken by Sister Seiler.

To Drs. Sax and Greenman, to Sister Lewis and her nursing assistants and to the other members of the staff we extend our thanks for their good work during the year. We further record our gratitude to those doctors who have helped us in an honorary capacity and whose names are listed above. My thanks are personally due to the members of the Board who have worked so hard in the Clinic's interests during the year. The time has come when an increase in our numbers seems to be required, to relieve some of our harder-worked members of part of the heavy burden they have been carrying.

O. D. SCHREINER, Chairman.

MEDICAL SUPERINTENDENT'S REPORT, 1948

The resignation of Dr. N. V. Storr and of Dr. A. Reis Costa at the end of 1947 resulted in a reorganisation of staff at the beginning of this year. The permanent medical establishment now consists of a Medical Superintendent, a part-time Medical Officer, and a junior resident Medical Officer. The services of the latter at the Clinic for a period of six months are recognised by the South African Medical and Dental Council in terms of the regulations relating to interns. This arrangement has proved to be very satisfactory.

My report is presented in sections designed to explain the various aspects of the work undertaken at this clinic.

A. CURATIVE SERVICES

The statistical return indicates the bare skeleton of the body of work handled, and I propose to fill in the living parts.

An average number of 165 consultations and 125 dressings were done every day. These numbers do not suggest any undue strain on our resources unless it is known that every effort is made to give patients that sympathetic attention, which is so often lacking in institutional practice. Our approach to ill-health has been humanistic rather than technological, and it is my view that only by such an approach can we make any progress in the poorly endowed medical and social services available to this less fortunate section of our society. The cold technical approach is invalidated by those very factors which initiate the bulk of sickness passing through our hands, namely, poverty, malnutrition, overcrowding in unhygienic living quarters, dirt and vermin, ignorance and lack of recreation.

Intimate contact is made with these depressing factors in our visits to patients in their homes. It should be noted that this domiciliary curative service is an exceptionally valuable one, which we hope to extend as more staff becomes available. At present every patient nursed by this domiciliary section would satisfy standard criteria for admission to hospital, and it is no exaggeration to claim that we have spared the hospital authorities 1,800 admissions. Many more patients, not quite so ill, required follow-up treatment in their homes, but our visiting staff was fully occupied caring for the more necessitous cases, many of whom were not in hospital for the simple reason that residents of Alexandra Township have no hospital within convenient distance.

B. PREVENTIVE SERVICES

1. Outstanding progress has been made in the development of our **Maternal and Child Welfare Service**. The rate of this progress may be gauged from the following percentage increases in services as compared with the previous year:—

Ante-Natal Clinic — 56% more attendances.
Midwifery — 29% more confinements.
Post-Natal Visits — 44% more visits.
Infant Welfare Clinic — 33% more attendances.

This service is of inestimable value to the community, and its gratifying reception in the township is due mainly to the enthusiasm and to the devotion of the nursing Sisters, who have so intimately identified themselves with this cause.

2. **Immunisation.** Routine immunisation of contacts of all patients notified to be suffering from enteric fever or diphtheria has been undertaken. In addition, during the smallpox epidemic which got under way towards the end of August, vaccination stations were set up at the earliest possible moment, and, by the time the Local Authority was ready to operate its own vaccination centres, we had vaccinated 11,600 individuals.

3. **Liaison with Government Health Centre.** Cordial relations were developed with the Government Health Centre to mutual advantage. At the beginning of the year, Government took over the Venereal Disease Clinic and also the majority of the examinations of sick schoolchildren. We still provide medicines and treatment free of charge to all schoolchildren.

4. **Health Propaganda.** The organisation of Annual Health Education Week was undertaken by a newly constituted body, the Alexandra Health Week Committee, under the chairmanship of Reverend B. M. Molaba, during 1948. Those concerned with the organisation of this effort were disappointed with the results achieved after long months of preparation. Although such prominent personalities as Dr. A. J. Orenstein, Professor J. M. Watt and Mr. Quintin Whyte were generous enough to play leading roles in the programmes arranged, our activities met with an astounding degree of indifference.

C. TRAINING OF STUDENTS

148 medical students in their fifth and final years of study were in residence at the University Hostel for a period of two weeks each while attending on the general practice of the Clinic. In addition, 84 students were in residence for one week each while gaining domiciliary midwifery experience. 681 confinements were conducted by students under the supervision of our trained nursing staff.

Very valuable experience is gained by students during their period of residence. At the same time the standard of services provided to patients is sustained at that high level to which continual student criticism must force it. Medical Officers of our staff, although often sorely tried by the numerous sources of irritation inseparably associated with the nature of their work, have gladly and patiently given much of their time to the task of unveiling the

charms of general practice to these potential general practitioners. The term "unveiling" is used advisedly, for our students come to us from modern hospitals which have the advantages of diagnostic apparatus and of specialist skills, but where patients are studied in isolation—in a bed in a ward remote from their natural surroundings. Here, for the first time, patients are seen inside their homes and something is learned of their economic status, their work and their family relationships, and, of equal importance, students are faced, often for the first time, with all those coughs and colds, rashes and scratches, cuts and sores and the innumerable other minor maladies which form the great bulk of morbidity and unhappiness to which the flesh is heir.

D. PUBLIC EDUCATION

In addition to many individual members of the public who were introduced to our work and to its background during the year, the following organised groups were addressed: Two Race Relations Study Groups, the Winter School on Race Relations, the Young People's Guild of the Methodist Central Hall, the Orange Grove Nursery School Teachers' Association, the Association of University Women, three groups of European probationer nurses and the Domestic Science class of the Witwatersrand Technical College.

E.

We are more than grateful for the stimulus afforded during the year by the visits of Professor and Mrs. J. A. Ryle, who were accompanied by Professor G. A. Elliot, and of Dr. Duhamel and Professor Siegfried. Further encouragement was provided by the attendance of Principal H. R. Raikes at our more important public functions.

In conclusion may I express my very sincere thanks to all members of staff, both professional and lay, for their enthusiasm and loyal support; to our honorary visiting staff for their very valuable assistance and unflinching attendance; and to the chairman and members of the Board of Management for their counsel and untiring efforts on our behalf.

SIDNEY SAX.

STATISTICAL RETURN, 1948

	1948	1947
Section A : Curative Services—		
1. General Medical Consultations :		
First Attendances	19,435	19,179
Repeat Attendances	40,823	35,268
	<u>60,258</u>	<u>54,447</u>
2. Dressing Room Attendances :		
Nurses' Dressings	33,624	
Students' Dressings	9,021	
School Dressing Station	1,544	
	<u>44,189</u>	38,210
3. Domiciliary Curative Service :		
(a) No. of Cases Nursed	1,894	1,399
(b) No. of Visits :		
(i) Doctors	1,603	831
(ii) Staff—		
Nurses	10,223	
Sisters	465	
Students	629	
	<u>11,317</u>	8,434
4. Special Clinics :		
Dermatological	333	601
Dental (extraction service)	920	610
Section B : Maternal and Child Welfare—		
1. Ante-Natal Clinic :		
First Attendances	1,305	983
Repeat Attendances	3,817	2,282
	<u>5,122</u>	<u>3,265</u>
2. Confinements, conducted by :		
Sisters	75	108
Nurses	522	603
Students	681	273
	<u>1,278</u>	984
3. Post-Natal Visits :		
Sisters	2,897	2,753
Nurses	14,562	9,331
	<u>17,459</u>	<u>12,084</u>
4. Infant Welfare Clinic :		
First Attendances	550	
Repeat Attendances	4,117	
Pediatric	1,001	
	<u>5,668</u>	4,249
5. Mothers' Welfare Clinic	109	
Total Attendances	<u>116,599</u>	<u>106,269</u>
Total Visits	<u>31,657</u>	<u>21,349</u>

NURSING SUPERINTENDENT'S REPORT FOR THE YEAR 1948

Once again it is pleasant to record that many individuals and firms have given kindly help to the Clinic in its many activities. Some have assisted in the actual work, and others have made gifts in cash and kind. To one and all we tender our grateful thanks, with the assurance that their interest and help have been very much appreciated.

In particular, we must thank all those good friends who contributed to the Christmas Festivities organised by the Clinic. All the parties were successful this year, but perhaps the "Mothers' and Babies' Party" was especially so. It was attended by some 300 mothers, their babies and toddlers. A large number of beautifully dressed dolls was sent to us by the girls of the Parktown High School (the dresses being the work of the girls themselves), and we were able to hand one of these lovely dolls to each little girl who came to the Party. For the small boys there was a wonderful selection of toys, very kindly donated by Mr. C. J. Johnson. The American Women's Sewing Group had generously made a sufficient number of fancy linen bags and articles of clothing for babies and small children to enable us to give each mother a bag and a charming garment for each of her children. In each bag was a tin of Baby Powder, which had been—as for many years past—provided by Messrs. Johnson & Johnson. Refreshments were supplied and there were also bags of sweets, coloured balls and some renovated toys for the bigger children who were in charge of baby brothers and sisters. We wished all the donors could have been present to see the delight and appreciation with which their gifts were greeted.

I feel that a "special mention" should be given to the ladies of the Martha Washington Club, who—in addition to raising a very considerable sum of money for Clinic funds—have helped us in many ways and on many occasions throughout the year; and to Mrs. Aronsohn and her Sewing Group, who have mended and sewed for us untiringly and in addition made garments for the Christmas Parties.

Plants for our gardens have been supplied, through Mrs. Harts-horn, by Messrs. Anderson's Nurseries, and we are very grateful for this special kind of help.

We welcome the interest taken in the work of the Clinic by Messrs. Reckitt & Coleman (Africa) Ltd., through their representatives, Messrs. S. J. Pollard and C. H. Hodgson, who were good enough to give lectures in some of the schools in the Township during our Annual Health Week, and who thereafter organised an inter-School Essay Competition, which aroused great interest. A pupil from St. Michael's School and one from the Holy Cross Mission School were the prize-winners, and each received a fine watch.

Consolation prizes were won by pupils from the Holy Cross Mission School, the Holy Cross Secondary School, the Coloured School and the Alexandra Secondary School.

During the year the work of the Clinic has increased; the Nursing Staff has been fully occupied, and I am able to record that by the diligent and faithful discharge of their duties its members have done much to ensure this successful progress.

It was with deep regret that we heard of the death of Sister Cowles' mother. We tender our sincere sympathy to Sister Cowles and her family in their sad bereavement, and express the hope that she may soon see her way clear to return to South Africa.

JENNY H. LEWIS, Nursing Superintendent.

§

ACCOUNTS.

The following **BEQUESTS and DONATIONS** have been shown in the **BALANCE SHEET** :—

Estate late L. M. Danckwertz	£200 0 0
Estate late R. W. Moffatt	503 3 7
The James Smith Trust	100 0 0
Estate late S. F. Gottlich	387 1 11

The total amount received in 1948 from the **STUDENTS' RAG COMMITTEE** (Witwatersrand University) has been allocated as follows :—

For Maintenance of Clinic (see Income & Expenditure A/c)	£2,600 0 0
„ Motor Car Replacement Fund (see Balance Sheet)	250 0 0
„ Maintenance of Family Welfare Centre (see F.W.D. A/c)	2,585 0 0
	<u>£5,435 0 0</u>

The amount shown in the Income and Expenditure Account as having been collected in Alexandra Township during Health Week is made up as follows :—

Street Collection	£38 7 5
Proceeds of Concert arranged by our Staff	35 6 2
Holy Cross Mission School	10 0 0
Amalgamated School	5 0 0
Collection at Women's Prayer Meeting	4 3 6
Amalgamated Central Senior School	2 10 0
Catholic Mission Church	2 10 0
Mr. Makubele (Swiss Mission School)	1 0 0
Ebenezer Congregational Church	0 11 4
	<u>£99 8 5</u>

Check This against our list of advertisers (potential)

ALEXANDRA HEALTH CENTRE AND UNIVERSITY CLINIC.

and add any new ones

SUNDRY DONATIONS — 1948.

(See Revenue and Expenditure Account)

Abbott Laboratories S.A. (Pty.) Ltd.	£1 1 0	Feldman Ltd., L.	10 10 0
Abrahams, I.	2 2 0	Fraser & Chalmers (S.A.) Ltd.	5 5 0
Afr. Expl. & Chem Ind. Ltd.	50 0 0	Friedman, Mrs. Bernard	78 18 0
Allenwest (S.A.) Ltd.	10 10 0	Friel, B. H.	10 10 0
Anglo-Trans. Cons. Inv. Co. Ltd.	100 0 0	Gallo (Africa) Ltd.	2 2 0
Arc Eng. Supply Co. (Pty.) Ltd.	1 1 0	Gangabam, Mr.	25 0 0
Aronsohn, W.	100 0 0	Geen & Richards Ltd.	3 3 0
Aronsohn, Mrs. W.	27 10 0	"George" (c/o Mrs. A. Michaelis)	1 0 0
Assoc. Ceiling Ind. (Pty.) Ltd.	2 0 0	Glover, Mrs. Harding	2 10 0
Atlantic Refining Co. of Africa Ltd.	5 5 0	Gold City Supply Co.	1 1 0
Assoc. Engineers Co. Ltd.	10 10 0	Golding, I.	0 10 6
Bakers Ltd.	1 1 0	Goods Donated— Proceeds from Sale of	10 0 0
Balfour Park Ladies' Bowl. Club	5 5 0	Grant & Rogoff (Pty.) Ltd. (per Rand Daily Mail)	5 5 0
Bayer Pharma (Pty.) Ltd.	1 1 0	Gratus & Gratus (Pty.) Ltd.	2 2 0
Bessarabia, Dr. & Mrs.	2 2 0	Greatermans Stores Ltd.	5 5 0
Bethlehem, L.	5 5 0	Greenberg, C.	1 1 0
Bies, Andrew	1 10 0	Greenberg, The Hon. Mr. Justice L.	10 10 0
Black, Dr. Jas.	10 10 0	Greenblatt, Dr. A.	0 10 6
Boyer Ltd., H.	1 1 0	Haggie, Son & Love Ltd.	2 2 0
Boyle, J.	3 3 0	Harris, Mr. & Mrs. H. D. T.	1 1 0
Campbell, Mrs. E. M.	1 0 0	Harrison, Guy F.	1 0 0
Cavanna Products Ltd.	1 1 0	Harding, Miss L.	0 10 0
Cassirer, Mrs. M.	2 2 0	Hart Ltd.	3 3 0
Central Agencies & Import Co. (Pty.) Ltd.	1 1 0	Harley Furnishers (Pty.) Ltd.	0 10 6
Central Eng. Works Ltd., The ...	5 0 0	Hendler & Hendler (Pty.) Ltd.	5 5 0
Central News Agency Ltd.	25 0 0	Hesselson, P.	3 3 0
Cleghorn & Harris	5 5 0	Hoffman, F. G.	3 3 0
Cohen, Mrs. Lilian	2 0 0	Holdgate's Motor Co. (Pty.) Ltd.	2 2 0
Collins Motor Supplies (Pty.) Ltd.	5 5 0	Holman Bros. (Pty.) Ltd.	2 2 0
Colonial Bank. & Trust Co. Ltd.	2 2 0	Home-Rigg, J. B.	3 0 0
Cowles, Miss Ruth C.	5 0 0	Houghton Golf Club (Ladies' Section)	3 3 0
Cutten, A. J.	1 1 0	Hultquist, E. (per Mrs. Immelman)	5 5 0
Dalgleish, W. & G.	2 2 0	Hunt, Mrs. Gertrude	10 10 0
Dandy Polish Co. Ltd.	2 2 0	Hurwitz & Sons (Pty.) Ltd., L. K.	5 5 0
Davies & Co., Ltd., Hubert ...	2 2 0	Isaacowitz, I. M.	0 10 6
Domestic Science School— Visitors from	0 15 0	Itzkowitz, H.	3 3 0
Dominec (Pty.) Ltd.	1 1 0	Jacobs & Co. Ltd., L. K.	2 2 0
Douglas, Son & Pugh (Pty.) Ltd.	1 1 0	Johannesburg Offal Traders ...	3 3 0
Dyke, Dr. E. J. (per Dr. I. W. Brebner)	25 0 0	Jones, Mr. & Mrs. I. D. Rheinallt	2 2 0
Edgars' Stores Ltd.	10 10 0	Joseph, E.	2 2 0
Express Messengers (Pty.) Ltd.	1 1 0	Kell, Mrs. Lorna	0 5 0
Federated Employers' Mutual Assurance Co. Ltd.	3 3 0	Killarney Golf Club (Ladies' Section)	10 10 0

ALEXANDRA HEALTH CENTRE AND

INCOME AND EXPENDITURE ACCOUNT FOR

1947			
£116	To Ambulance Charges		£101 10 0
	.. Cleaning Equipment		39 1 9
230	.. Clerical Salaries		202 17 6
	.. Depreciation—		
	Motor Cars	£279 0 0	
	Furniture and Fittings	74 3 0	
	Medical Equipment	61 12 2	
378		414 15 2	
2,191	.. Doctors' Salaries		2,024 15 4
234	.. General Expenses		177 0 11
39	.. General Household Supplies		53 11 4
116	.. Insurance		125 8 11
262	.. Laundry		231 14 10
191	.. Maintenance of Land and Buildings		111 1 11
2,282	.. Medical and Surgical Supplies		2,443 17 5
	.. Milk	459 14 7	
	Less Amount recovered	57 12 0	
412		402 2 7	
735	.. Motor Car Expenses		922 14 11
	.. Nurses' Salaries and Allowances—		
	Sisters' Salaries	1,244 6 4	
	Sisters' Board	313 9 0	
	Nurses' Salaries	2,610 14 3	
	Nurses' Board	466 6 2	
	Uniforms	96 8 9	
4,211		4,731 4 6	
174	.. Printing and Stationery		204 19 10
55	.. Repairs		61 10 1
72	.. Telephone Rent and Calls		82 14 5
453	.. Wages		447 17 7
	.. Water, Light and Heating	541 1 0	
	Less payment by University for Students' Hostel	50 0 0	
452		491 1 0	
	Total Expenditure		13,270 0 0
	.. Surplus carried to Balance Sheet		88 14 10
£12,603			£13,358 14 10

To the Members, **Alexandra Health Centre and University Clinic.**

We have to report that to the best of our knowledge and belief and according reflects a true statement of the Income and Expenditure of the Alexandra Health Centre

Johannesburg,

11th March, 1949.

UNIVERSITY CLINIC, JOHANNESBURG.

THE YEAR ENDED 31st DECEMBER, 1948.

1947			
	By Donations and Grants—		
£1,200	University of Witwatersrand	£1,200 0 0	
1,950	Students' Rag Committee	2,600 0 0	
	Union Government—		
800 (N.A.D.)	Dept. of Health	£800 0 0	
	Dept. of Health—		
	Part Refund of Nurses' Emoluments	2,518 18 5	
1,818		3,318 18 5	
800	Transvaal Province	800 0 0	
600	Alexandra Health Committee	600 0 0	
250	City of Johannesburg	375 0 0	
12	Martha Washington Club	12 0 0	
	Health Week in Alexandra Township Street Collection, Donations by Churches and Schools, and proceeds of Concert	99 8 5	
23	American Board of Missions		
30	Alexandra Township Limited		
270	Sundry Donations	1,549 12 0	
1,339		10,554 18 10	
1,926	.. Patients' Fees	2,559 18 3	
180	.. Rent	180 0 0	
30	.. Interest	63 17 9	
11,228		13,358 14 10	
1,375	.. Deficit carried to Balance Sheet		
£12,603			£13,358 14 10

to the information supplied to us, the Income and Expenditure Account above set forth and University Clinic for the year ended 31st December, 1948.

VAUGHAN, KEY & PAYNE, Honorary Auditors.

Chartered Accountants (S.A.).

**ALEXANDRA
HEALTH CENTRE AND UNIVERSITY CLINIC.**

FAMILY WELFARE CENTRE, 1948.

ADMINISTRATIVE COMMITTEE.

Nominated by the Board of Management of A.H.C. & U.C.:

Dr. L. S. WILLIAMS (Chairman),
Mr. Justice O. D. SCHREINER.
Miss E. J. S. MOODIE.

Representatives of the Union of Jewish Women:

Mrs. M. ADLER. Mrs. B. SUSMAN.
Mrs. R. JACOBSON (Hon. Treasurer).

Representative of the Alexandra Health Committee:

Mr. DAN GUMEDE.

Representative of the Students, Witwatersrand University:

Miss Z. STEIN.

Ex-Officio Members:

The Director of the Alexandra Health Centre & University Clinic.
The Medical Officer of the Government Health Centre at Alexandra.
The Superintendent of the Family Welfare Centre of the A.H.C. & U.C.

STAFF.

Superintendent: Miss VIOLAINE JUNOD.
Asst. Superintendent: Mrs. R. G. TWALA,
Recreation Organiser: Mr. PAUL KOTSI,
Education Organiser: Mr. FRANS NTSIE.
Cookery Demonstrator: Mrs. M. MVABAZA.
Nursery School Teachers: Miss P. TWAKU, Mrs. H. MOKGATLE,
Nursery School Assistant: FRANGELINE SEPAMPURU.

FAMILY WELFARE CENTRE REPORT.

I should like to begin this report by thanking the many organizations and individuals who have assisted us during the past year. To mention them all by name would be difficult, but I should particularly like to thank the Board of Management and the Administrative Committee, the Students' Rag Committee and the Union of Jewish Women, all our donors and helpers and last but not least Mrs. R. Jacobson, our honorary treasurer, whose task is without doubt the most onerous of all. My thanks are also due to my staff for their loyal support.

Last year, readers may remember, we followed the activities of a certain Mabantu family in their wanderings through the Family Welfare Centre. This year I intend to give some critical analysis of our work based not so much on statistics, as space prevents this, but rather on personal observations. We shall ask ourselves questions such as these: Is the Centre achieving its aim? Are its services adequate? Has it progressed during the past year? Has it reached a stalemate or has it proved a failure?

In answering these queries it will be as well to keep certain facts in mind:

1. Out of a total population of 70,000 the Centre deals with only 350 individuals, i.e. an odd 60 families out of an estimated number of 14,000.
2. Out of 2,541 stands the Centre deals intensively with only 258, i.e. approximately 1/10th of the total area of the township.
3. The basic environmental services of Alexandra leave much to be desired, e.g. there is no street lighting, no water-borne sewerage, no adequate water supply and no tarred roads except for the main bus route to Square No. 2.

This leads me on to a consideration of Prof. Ryle's oft-quoted "health triangle". The definition of this is that the health of any community cannot be safeguarded and maintained unless the basic environmental services, the medical services, both curative and preventive, and the social primitive services of that community form a fully functioning entity. The first requirement has been briefly dealt with above; the second is dealt with elsewhere in this Annual Report. The last mentioned will now be considered in relation to the size of the Centre's membership and its intensive area.

Within these limits, the Family Welfare Centre has made definite progress. Its association with the Alexandra Health Centre and University Clinic and the Government Health Centre has been consolidated during the past year as may be seen by the following diagram:—

BOARD OF MANAGEMENT.

ADMINISTRATIVE COMMITTEE

FAMILY WELFARE CENTRE

UNIVERSITY CLINIC

GOVT. HEALTH CENTRE

SOCIAL PROMOTIVE SERVICES

CURATIVE MEDICAL SERVICES

PREVENTIVE MEDICAL SERVICES

- CONSULTATIONS
- DRESSING ROOMS.
- CLINICS:
 - ANTE AND POST NATAL
 - INFANT WELFARE
 - BIRTH CONTROL
- DISTRICT:
 - NURSING
 - MIDWIFERY.
 - OPERATING THEATRE.
- DISPENSARY
- TREATMENT
- REFERRALS TO N.E.H.

- PERIODIC HEALTH EXAMINATION
- SCHOOL SERVICES.
- V.D. CLINIC
- HOME VISITING
- IMMUNIZATION.
- T.B. CONTACTS
- CHILD WELFARE COACHE
- INVALIDITY GRANTS

EDUCATION

- NIGHT SCHOOLS.
- NURSERY SCHOOL
- LITERACY CLASSES
- CHILDREN'S GROUPS.
- INFORMAL DISCUSSIONS
- FILM SHOWS
- OUTINGS

RECREATION

- OUTDOOR
- ARTS AND CRAFTS.
- MUSIC
- DANCE DRAMA.
- A.T.
- BOATING
- GARDENING
- OUTINGS

NUTRITION

- VEGETARIAN CLUB
- COOKERY DEMONSTRATION CENTRE
- NURSERY SCHOOL MEALS.
- BUDGET SURVEYS.
- HOUSEWIFERY GROUP.
- HOME BUDGETTING

HOME-VISITING

- LOOKERY DEMONSTRATIONS
- FIELD WORK
- COLLECTING OF:
 - SOCIAL
 - ECONOMIC
 - ETC. DATA.

RESEARCH

- BUDGET SURVEYS.
- SURVEYS OF INTENSIVE AREA:
 - POPULATION
 - AGE AND SEX DISTRIBUTION.
 - INFANT MORTALITY.

STUDENTS' TRAINING

- FIELD WORK
- GROUP WORK
- GRADUATE RESEARCH

Each family joining the Centre is thus able to benefit fully from both curative and preventive medical services and from a range of social promotive services. Within its own membership, the Centre has been able to expand its services and facilities. During the past year another Night School was opened in the Township; the recreational facilities were extended to include groups such as music and dance-drama, and outings varying from picnics to evening entertainments at the University were held; the Nursery School which started the year with approximately 30 children was by the end of the year able to increase its numbers to 50, owing to the very generous donation received from the Martha Washington Club which enabled us to erect a new room; over twenty students passed through our hands and were able to benefit from the many different types of training which we are able to offer; our contacts with outside organizations and individuals increased enormously; the number of visitors indicated a growth of public interest and it may be said that the Family Welfare Centre has now come to take its correct place on the map of social welfare work in this country.

What of its members? There has been a marked change in their attitude. What before may have been regarded as suspicion and doubt has now come to be replaced by a sincere feeling of loyalty and confidence. Not one week passes without some family member coming to the Centre for advice and counsel, whereas formerly the family doctor or even the witchdoctor would have received first hearing. We can therefore feel that we are gradually winning our way into the life of our members. On the whole, it may also be said that families who have been members for a period of two to three years are showing encouraging signs of improvement, both medically and economically. Through our Distress Fund we are able to assist those families in dire need with help in kind, e.g. by providing a regular weekly supply of vegetables and food, or possibly by paying their children's nursery school fees, while at the same time we make every effort to encourage the family to stand on its own feet by finding employment for its members. On the whole, the variety of activities which we offer individual members has stimulated interest and our membership has become far more active.

However, considered against the much wider background of Alexandra Township as a whole, the Family Welfare Centre has failed and will continue to fail as long as its activities are confined to a limited membership and area. We have dealt with over 90 families, but of these only 50 to 60 remain on our books, since contact is lost with those who move out of the "intensive area". And last but not least, we are creating in an already complex community yet another "social" class, i.e. a selected and more fortunate group.

The total picture therefore is not altogether encouraging but in the year which lies ahead we hope to be able to solve some of the problems mentioned above. This, it must be emphasised, we can do only if we are to receive the necessary support and backing from the public.

(Sgd.) VIOLAINE JUNOD, Superintendent.

ALEXANDRA HEALTH CENTRE AND

FAMILY WELFARE

BALANCE SHEET AT

Accumulated Funds—			
Balance as per Balance Sheet 31st December, 1947	£1,796	8	5
Add— Excess of Income over Expenditure for the year ended 31st December, 1948		36	9 9
		1,832	18 2
Less— Reserve for additional expenditure on Buildings		606	7 6
			£1,226 10 8
Donations from the University of the Witwatersrand: Students' Rag Committee—for Maintenance, 1949		2,585	0 0
Sundry Creditors		93	13 3
			£3,905 3 11

To the Members, **Alexandra Health Centre and University Clinic—Family Welfare**

We have to report that we have audited the Balance Sheet of the Alexandra with the books and vouchers of the Clinic at 31st December, 1948. We have obtained Sheet is properly drawn up so as to exhibit a true and correct view of the state of the explanations given to us and as shown by the books.

Johannesburg,
28th March, 1949.

UNIVERSITY CLINIC, JOHANNESBURG.

DEPARTMENT.

31st DECEMBER, 1948.

Buildings—			
Balance at 31st December, 1947	£3,103	3	11
Additions during year		606	7 6
		£3,709	11 5
Less— Reserve			3,709 11 5
Note: No value has been placed on these buildings as they are erected on land which is not the property of the Clinic.			
Furniture and Equipment—			
Balance at 31st December, 1947		185	14 8
Additions during year		109	11 0
		295	5 8
Less— Depreciation		29	11 8
			265 14 0
Motor Car—			
Balance at 31st December, 1947		478	12 11
Less— Depreciation		95	12 11
			383 0 0
Debtors			525 19 8
Cash—			
Barclays Bank (D.C. & O.)— Current Account		163	15 2
United Building Society— Current Account		2,556	15 1
On Deposit		10	0 0
			2,730 10 3
			£3,905 3 11

Department.

Health Centre and University Clinic—Family Welfare Department—above set forth, all the information and explanations we have required and in our opinion the Balance Clinic's affairs at 31st December, 1948, according to the best of our information and the

VAUGHAN, KEY & PAYNE, Honorary Auditors,
Chartered Accountants (S.A.)

ALEXANDRA HEALTH CENTRE AND

FAMILY WELFARE

INCOME AND EXPENDITURE ACCOUNT FOR

To Administration Expenses—			
Salaries, Wages, Laundry, Motor Car Expenses and General Expenses, etc.			£2,285 19 0
.. Nursery School and Creche —			
General Equipment, Uniforms, Books, Salaries and Sundries	£437 18 11		
Food	335 6 9		
	<u>773 5 8</u>		
Less—Amounts received from pupils	51 8 0	721 17 8	
.. Night School Expenses—			
Salaries, Books and Sundries	938 10 1		
Less—Amounts received from Pupils	76 14 1	861 16 0	
.. Recreation—		37 15 4	
.. Handicrafts—			
Materials for Handicrafts	185 19 5		
Less—Amounts received from pupils	71 13 4	114 6 1	
.. State aided Groceries—			
Purchases	268 5 1		
Less—Sales	235 5 0	33 0 1	
.. Depreciation—			
Motor Car	95 12 11		
Furniture and Fittings	29 11 8	125 4 7	
.. Distress Fund—		20 17 0	
.. Balance—being excess of Income over Expenditure carried to Balance Sheet		36 9 9	
		<u>£4,237 5 6</u>	

To the Members, Alexandra Health Centre and University Clinic—Family Welfare

We have to report that to the best of our knowledge and belief and according reflects a true statement of the Income and Expenditure of the Alexandra Health Centre and

Johannesburg,

28th March, 1949.

UNIVERSITY CLINIC, JOHANNESBURG.

DEPARTMENT.

THE YEAR ENDED 31st DECEMBER, 1948.

By Donations and Grants—			
University of the Witwatersrand: Students' Rag Committee	£3,000 0 0		
Union of Jewish Women	146 9 6		
Social Welfare Department—			
Subsidy for Creche	213 11 3		
Union Education Department—			
Subsidy for Night School Classes	766 17 5		
Sundry	18 0 0	£4,144 18 2	
.. Membership Fees			26 10 0
.. Interest			43 4 9
.. Wholesale Clothing—			
Sales	51 3 5		
Less—Purchases	28 10 10	22 12 7	
		<u>£4,237 5 6</u>	

Department.

to the information supplied to us, the Income and Expenditure Account above set forth, University Clinic—Family Welfare Department—for the year ended 31st December, 1948.

VAUGHAN, KEY & PAYNE, Honorary Auditors,

Chartered Accountants (S.A.)

Collection Number: AD1715

SOUTH AFRICAN INSTITUTE OF RACE RELATIONS (SAIRR), 1892-1974

PUBLISHER:

Collection Funder:- Atlantic Philanthropies Foundation

Publisher:- Historical Papers Research Archive

Location:- Johannesburg

©2013

LEGAL NOTICES:

Copyright Notice: All materials on the Historical Papers website are protected by South African copyright law and may not be reproduced, distributed, transmitted, displayed, or otherwise published in any format, without the prior written permission of the copyright owner.

Disclaimer and Terms of Use: Provided that you maintain all copyright and other notices contained therein, you may download material (one machine readable copy and one print copy per page) for your personal and/or educational non-commercial use only.

People using these records relating to the archives of Historical Papers, The Library, University of the Witwatersrand, Johannesburg, are reminded that such records sometimes contain material which is uncorroborated, inaccurate, distorted or untrue. While these digital records are true facsimiles of paper documents and the information contained herein is obtained from sources believed to be accurate and reliable, Historical Papers, University of the Witwatersrand has not independently verified their content. Consequently, the University is not responsible for any errors or omissions and excludes any and all liability for any errors in or omissions from the information on the website or any related information on third party websites accessible from this website.

This document forms part of the archive of the South African Institute of Race Relations (SAIRR), held at the Historical Papers Research Archive at The University of the Witwatersrand, Johannesburg, South Africa.