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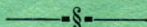
Alexandra Health Centre
and University Clinic . . .

REPORT

FOR THE YEAR 1942.

SECOND AVENUE - - ALEXANDRA TOWNSHIP

Alexandra Health Centre and University Clinic



THE BOARD OF MANAGEMENT, 1942

Mr. Justice O. D. SCHREINER, Chairman.
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Mr. C. C. GOCH.	Mr. C. S. RAMOHANOE.

Medical Superintendent: Dr. A. MILLER.
Part-time Medical Officer: Dr. MARION REID.

HON. VISITING STAFF:

Visiting Obstetricians: Dr. O. S. HEYNS, Dr. S. SHIPPEL.
Visiting Paediatrician: Dr. H. LANGER.
Visiting Dermatologist: Dr. EVA BINION.

Nursing Superintendent: Miss RUTH C. COWLES.
Assistants: Sister L. M. DRAPER (to 30/6/42).
Sister H. C. HAGEMANN (from 1/7/42).

Medical Aide: Mr. B. NODADA.

NURSING STAFF AT 31/12/1942. (In order of seniority).

Nurse MARY THEMA.	Nurse CECILIA NODADA.
Nurse OSARY MEKGOE.	Nurse MARJORIE NTUTELA.
Nurse AGNES POSWA.	Nurse LETTA MATLALE.
Nurse CATHERINE NHLAPO.	Nurse NAOMI MAMABOLO.
Nurse TALITHA PEBA.	Nurse NORAH TSHABALALA.

Alexandra Health Centre and University Clinic.

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REPORT OF THE BOARD OF MANAGEMENT FOR THE YEAR ENDED 31st DECEMBER, 1942.

This report must, of necessity, be brief, but it is my pleasant duty to comment on a year of progress and of productive work at the Clinic.

The figures in Dr. Miller's able report speak for themselves and indicate a marked increase not only in the number of patients treated but in the scope of work undertaken. This increase so emphasised the inadequacy of our present accommodation, that it was necessary to add a room to the Clinic to afford some alleviation. In spite of this, there is no doubt that the Staff was working throughout the year under great pressure. However, the challenge has again been splendidly met. Our thanks are due to Dr. Miller, Dr. Reid, and the other members of the Medical Staff for fine work carried out under considerable difficulties; to Sister Cowles, whose self-sacrificing devotion yearly adds to a debt the Clinic can never hope to repay; to Sister Hagemann, who has ably carried on in the position vacated by Sister Douthwaite; to the Medical Aide; and, finally, to the hard-working and efficient band of non-European nurses, now increased to ten in number. The loyalty and devotion to duty of its personnel undoubtedly provide the foundation of the Clinic's work.

We owe much also to the whole-hearted collaboration of the University and to the support and co-operation of the Health Committee of Alexandra. The latter has now taken over from us the two vacant stands adjoining the Clinic and has, on its own initiative, increased its monthly subvention from £30 to £50. This voluntary increase, coupled with the fact that patients' fees during the past year average over £100 a month, shows a lively sense of responsibility and reflects great credit on the inhabitants of the Township.

Our thanks are due also to the many friends who have given practical evidence of their sympathy and support. In this honoured list, we would like to mention the honorary members of the Medical Staff and the voluntary workers at the Clinic; the promoters of dramatic entertainments for

the funds, among whom Professor and Mrs. Kirby and the members of the Medical Students' Dramatic Society should be especially mentioned; the helpers in the Street Collection, which realised the record sum of £477; Mr. B. A. Key, of Messrs. Vaughan, Key and Payne, who has again given his services in auditing the accounts, so ably dealt with by our Honorary Treasurer, Miss Moodie; the Sisters of the Holy Cross Mission, the hospitality of whose premises we have so often enjoyed at our Annual General Meeting; and, finally, the many friends who by their visits to the Clinic and their gifts in money and commodities have shown their interest and sympathy.

The encouragement derived from this public-spirited support is of especial value at the present juncture, as the year 1943 will see a great increase in the Clinic's commitments and responsibilities. As was stated in our last report, several most generous private donations to our Building Fund supplied the starting point in a drive for further funds. The authorities responded handsomely to our appeal and an amount of £6,000 was promised by the Provincial Council and a like sum by the Native Affairs Department. These grants, together with £4,000 from the Union Education Department and the private donations before mentioned, meant that a total of over £20,000 was in sight, and it was decided, in spite of difficult times, to proceed with our most urgent requirements—the new Clinic building itself and quarters for European and non-European nurses. Plans were drawn up during the year by our Architect, Mr. Gordon Chalmers, and in January a contract was concluded with Mr. J. E. Morren. I am happy to state that building operations are now beginning and that the new quarters should be ready for occupation by the end of the year.

This milestone on the Clinic's road does not mark the summit of our hopes, but it does indicate a great advance in the realisation of our plans. We are well aware that with the increased facilities of the new Clinic will come many added responsibilities. A large sum will be required for adequate equipment and the necessary increase in staff will mean much heavier running expenses. But experience has shown that there is every ground for confidence. The development of the Clinic is on the soundest lines, support being derived partly from the State, partly from the generosity of the public, partly from the response shown by the needy people it serves. In this happy combination of effort lies the germ of healthy growth and the promise of great achievement in the future.

O. D. SCHREINER,
Chairman.

MEDICAL SUPERINTENDENT'S REPORT FOR 1942.

Notable progress has been made in the development of the Clinic during the period under review. A record number of patients attended and the services of the Clinic have been extended to meet the further needs of the community. Tuberculosis, Skin and Gynaecological Clinics have been established. The increase in the medical consultations, V.D. attendances and district nursing visits are perhaps the most noteworthy features of the statistical report. The increase in work has necessitated an increase in the medical as well as the nursing staff.

Ample opportunity for gaining experience in dispensary practice was afforded the final year medical students. All rendered invaluable assistance. During the year 89 final year medical students attended the Clinic. Groups of four attended for a period of two weeks.

The general work of the Clinic has been maintained at a high level throughout the year and my thanks are due to all members of the staff and to the voluntary workers, Mrs. Immelman and Mrs. Kewley, for their loyal and enthusiastic co-operation in maintaining this high standard of efficiency, despite the difficulties under which the work had to be carried out.

In conclusion, thanks are due to the Chairman, members of the Board and University authorities for the kindly consideration always so readily extended to all members of the staff, and to the Alexandra Health Committee for its cordial co-operation.

DETAILS OF MEDICAL SERVICES.

Dressings.—Students, Nurses and the Medical Aide, under the supervision of the medical staff, were responsible for carrying out the following number of dressings:—

	1942.	1941.
Nurses	13,805	16,908
Students	8,747	5,080
Medical Aide	1,199	—
Total	<u>23,751</u>	<u>21,988</u>

These included dressings for all types of conditions; only emergency cases were referred to the non-European Hospital.

Ante-Natal Clinic.—In view of the increase in the attendances of ante-natal cases, it was found necessary to have two clinics a week. These clinics are held on different days, one being conducted by Dr. Heyns and the other by Dr. Shippel. The following were the attendance figures:—

	1942.	1941.
Attendances	1,096	764
Bookings	287	184

Midwifery.—Growth in this branch of the work has also necessitated an increase in the number of midwives, of whom there are now two. A new arrangement is now in operation for night calls whereby the Medical Aide, using Sister Cowles's car, drives the midwife to the house from which the call has been received. The following were the number of confinements dealt with by the Nursing Staff:—

	1942.	1941.
Deliveries	263	185
Admitted to Bridgman Hospital	19	18
Total	282	203

Infant Clinic.—This clinic, which is under the supervision of Sister Cowles, continues to be very popular, as evidenced by the following attendance figures:—

	1942.	1941.
Attendances	6,126	5,786

V.D. Clinic.—There has been a sharp rise in the numbers attending this clinic. This is due partly to the clinic becoming better known to the people of the township and partly to the fact that all defaulters and contacts are now visited in their homes by the Medical Aide, who is also responsible for spreading propaganda in regard to the prevention of spread of venereal disease. The following are details of this clinic:—

	1942.	1941.
Females	6,436	} 5,679
Males	2,132	
Wassermann Tests ...	1,428	1,223
Total attendances ...	9,996	6,902
Injections given	8,546	5,925

Medical Consultations. — The rapid development in this branch of the work made it impossible for one Medical Officer to cope with all the work. Accordingly Dr. Marion Reid was appointed in a part-time capacity as from October 1st to assist the Medical Superintendent and now attends at the Clinic on two days a week.

As from July 1st a Skin Clinic has been held once a week under the supervision of Dr. Eva Binion.

A Gynaecological Clinic was also established in September, conducted by Drs. Heyns and Reid. This clinic is open two days a week.

The Infant Feeding Clinic held once a week is under the supervision of Dr. Langer.

Attendances for this branch of the work were:—

	1942.	1941.
Old cases	6,518	4,999
New cases	6,870	5,478
Old skin cases	103	—
New skin cases	106	—
Gynaecological cases ...	74	—
Infant clinic	818	1,039
Dental cases	463	367
	Total ...	14,952
		11,883

This high incidence of disease was due mainly to the following: Malnutrition (resulting in deficiency diseases, a lowered resistance to infection and a general state of ill-health); tuberculosis; venereal disease; intestinal parasitic diseases; infantile gastro-enteritis; enteric fever, together with other enteric infections; respiratory diseases and the infectious diseases of childhood.

It will be observed that all these diseases are preventable. It follows, therefore, that preventive medicine is the most important consideration in the organisation of a health service for an urban non-European community. No amount of "doctoring" in itself will solve the problem. Drastic reforms in such fields as housing, nutrition, education and socio-economic conditions generally are urgently needed.

Tuberculosis Clinic. — A Tuberculosis Clinic was established in July with the object of ascertaining the incidence of Pulmonary Tuberculosis in the township, and of adopting measures for the prevention of spread of this disease.

Tuberculosics diagnosed at the clinic and on district were admitted, and are awaiting admission, to Rietfontein Hospital. Contacts of these patients were examined and referred to the Non-European Hospital for X-Ray examination.

The Medical Aide was responsible for visiting the homes of patients and advising on the best methods to be adopted against the spread of infection, and for instructing contacts to report at the Clinic for examination.

This work, although still in the early stage of development, gives some idea of the seriousness of the position, as indicated by the following figures:—

Number of cases notified	30
(11 males, 19 females).					
Number of cases admitted to Rietfontein	15
Number of cases nursed on District	15
Deaths	12
Number of contacts examined	91
Number of contacts found positive	4

All the above cases were in an advanced stage of the disease when first seen; the deaths (40 per cent.) occurred within the first six months of notification. This shows the low resistance of the African against tuberculosis under existing conditions. No statistics of the incidence of early Pulmonary Tuberculosis are available. It is assumed that this is high. The number of four positive cases among the contacts does not reflect the true position. The number of positive cases is probably much higher, since all contacts did not present themselves for examination and not all of those examined submitted for X-Ray investigation. Lack of co-operation on the part of contacts made it very difficult to obtain complete statistics.

Close co-operation was maintained with the Alexandra Health Committee in the investigation of all tuberculosis cases, as well as in other infectious diseases and Public Health matters generally.

District Nursing.—The increase in the number of cases nursed on district also necessitated an increase in the number of district nurses. There are now three.

The nursing by clinic nurses of outside cases, i.e., cases treated by outside Medical Practitioners, has been discontinued as from November.

The following cases were nursed on district during the period under review:—

New District Nursing Cases.	1942.	1941.
Clinic cases	2,168	1,656
Outside cases	28	259
	<hr/>	<hr/>
Total ...	2,196	1,915
 District Nursing Visits.	 1942.	 1941.
Medical	17,024	13,014
Maternity	4,061	2,553
V.D. visits by Medical		
Aide	1,139	—
T.B. visits by Medical		
Aide	122	—
	<hr/>	<hr/>
Total ...	22,346	15,567

Immunization.—During the Summer of 1941-1942 an outbreak of Enteric Fever occurred in the Township. As most cases occurred amongst school children, it was decided to immunize all school children in the township. Sister Cowles organised and supervised the work and students were responsible for giving the injections. Two injections (the second after an interval of a week) of ante-typhoid vaccine were given to each child. The cost of the vaccine was borne by the Health Committee.

The total number of children immunized was 4,905 (from ten schools) and, in addition, 442 direct contacts also received injections.

Development of Services.—The following are the comparative figures for the past five years, indicating the phenomenal growth in all the medical services:—

	1942.	1941.	1940.	1939.	1938.
Dressings	23,751	21,988	14,863	17,476	16,651
Ante-natal Clinic Attendances	1,096	764	378	—	—
Midwifery Deliveries	282	203	90	84	—
Infant Clinic Attendances ...	6,126	5,786	4,750	6,498	6,688
Veneral Diseases Attendances	9,996	6,902	4,823	1,262	1,056
Medical Consultations	14,952	11,883	4,097	550	494
New District Nursing Cases ...	2,196	1,915	1,827	2,386	2,055
District Nursing Visits	22,346	15,567	13,637	13,973	13,176

A. MILLER,
Medical Superintendent.

ALEXANDRA HEALTH CENTRE AND

BALANCE SHEET,

Sundry Creditors	£218 11 6
Accumulated Funds—	
As at 31st December, 1941	£3,738 9 3
Add—Surplus for the year ended 31st December, 1942	257 7 6 £3,995 16 9
Special donations towards the Building Fund—	
As at 31st December, 1941	2,636 14 2
Donations received during year	3,397 13 4 6,034 7 6 10,030 4 3

Notes:

1. We are informed that further donations, totalling £16,000 have been promised in connection with the building.
2. No provision has been made for any losses in connection with the sale of the Alexandra property.

£10,248 15 9

To the Members, **Alexandra Health Centre and University Clinic.**

We have to report that we have audited the Balance Sheet forth, with the books and vouchers of the Clinic, and we have the Clinic at 31st December, 1942. We have obtained all the the Balance Sheet is properly drawn up so as to exhibit a true best of our information and the explanations given to us, and as

Johannesburg,
4th March, 1943.

UNIVERSITY CLINIC, JOHANNESBURG.

31st DECEMBER, 1942.

Land and Buildings:

(a) Lots 115, 116, 117, 118 and 119, Alexandra Township, with buildings thereon (at cost).
As at 31st December, 1941 £2,597 8 4

Additions during year 139 12 6 £2,737 0 10

Note: An offer from the Alexandra Health Committee to purchase this property for £2,439/12/6 has been accepted.

(b) Stands 189, 190, 191 and 192, Wynberg (at cost).
As at 31st December, 1941 828 14 6

Add—Expenditure on Survey, Fencing and laying out of grounds 138 15 6 967 10 0 £3,704 10 10

Building Account:

Expenditure to date in connection with the building to be erected on the Wynberg stands 675 6 3

Note: A tender of £17,592 for the erection of the building has since been accepted.

Furniture and Fittings:

As at 31st December, 1941 144 13 9
Additions during year 47 6 2

Less—Depreciation... 191 19 11 91 19 11 100 0 0

Sundry Debtors 221 6 0

Cash—At Bankers and on hand 92 13 5
Post Office Savings 5,454 19 3 5,547 12 8

£10,248 15 9

of the Alexandra Health Centre and University Clinic above set satisfied ourselves as to the existence of the securities owned by information and explanations we have required and in our opinion, and correct view of the state of the Clinic's affairs, according to the shown by the books.

VAUGHAN, KEY & PAYNE, Honorary Auditors,
Chartered Accountants (S.A.).

REVENUE AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st DECEMBER, 1942.

To Doctors' Salaries and Fees	£943	15	9
„ Nurses' Salaries and Allowances	1,610	3	6
„ Wages	121	11	11
„ Medical and Surgical Supplies	1,176	12	10
„ Milk	£321	7	0
Less —Recovered from recipients	99	6	6
„ Food	32	11	7
„ Ambulance Charges, less recoveries	24	1	6
„ Rent	40	10	0
„ Water, Lighting and Heating	69	2	5
„ Motor Car and Transport Allowances	219	0	4
„ General Expenses	59	16	2
„ Printing and Stationery	72	9	2
„ Insurance	18	13	8
„ General Household Equipment and Supplies	29	17	2
„ Laundry and Cleaning	32	14	2
„ Repairs	30	16	3
„ Telephone Rent and Calls	25	3	4
„ Depreciation on Furniture and Fittings	91	19	11
„ Surplus for year carried to Balance Sheet	257	7	6
				£5,078	7	8

By Donations and Grants:—						
University of the Witwatersrand:						
Doctor's Salaries and Fees	£943	15	9			
Portion Doctors' Transportation Allowance	49	8	6	£993	4	3
Union of South Africa:						
Native Affairs Department	400	0	0			
Department of Public Health:						
Refund of portion of Nurses' Salaries and Allowances	487	8	0	887	8	0
Transvaal Provincial Administration				400	0	0
Alexandra Health Committee				360	0	0
City of Johannesburg				100	0	0
Milk Grants:						
Martha Washington Club	12	0	0			
Alexandra Township, Ltd	70	0	0	82	0	0
American Board of Missions				108	4	1
Proceeds of Street Collection				477	0	6
Proceeds of Alexandra Health Week				30	19	5
Sundry Donations				340	16	3
„ Patients' Fees						1,235 16 8
„ Interest						62 18 6
						£5,078 7 8

To the Members, **Alexandra Health Centre and University Clinic.**

We have to report that to the best of our knowledge and belief Expenditure Account above set forth, reflects a true statement of the University Clinic for the year ended 31st December, 1942.

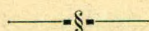
Johannesburg, 4th March, 1943.

and according to the information supplied to us, the Revenue and Revenue and Expenditure of the Alexandra Health Centre and

VAUGHAN, KEY & PAYNE, Honorary Auditors,
Chartered Accountants (S.A.).

SPECIAL DONATIONS TO BUILDING FUND, 1942.

Mountstephens, W.	£3,000 0 0
Friel, B. H.	26 5 0
University Students (Medical) Dramatic Society:	
Balance proceeds of Play, 1941	£66 8 4
On account, proceeds of Play, 1942	100 0 0
	166 8 4
University Department of Music (Professor P. R. Kirby). Share proceeds, "Triple Bill"	205 0 0
	£3,397 13 4



SUNDRY DONATIONS, 1942.

Alexandra Health Committee (donation received by them for use of Hall for Jumble Sale)	£1 1 0
Alexandra Bus Owners	5 0 0
Aronsohn, Mrs. W.	10 0 0
Anonymous—£3/3/-; 2/-; £1; £1	5 5 0
Annual General Meeting. Collection at	10 4 9
Brebner, Professor	36 15 0
Black, Professor Jas.	6 6 0
Ballantine, Miss J. F.	2 10 3
Campbell, Mrs. L. M.	25 0 0
Craib, Professor W. H.	5 0 0
Clarke, Dr. B. Maule	1 1 0
Duff, Mr. and Mrs. T. A.	5 7 6
Draper, Mr. and Mrs.	14 0 0
de Jager, J.	1 1 6
Davenport, Mrs. R. W.	8 0 0
Douthwaite, Mrs.	5 0 0
de Moor, Miss Teda	16 0 0
Everts, Miss	0 7 0
Hodson, Mrs.	1 1 0
Hortors, Ltd.	1 1 0
Joffe, A. S.	10 10 0
Johannesburg High School for Girls (Form V)	4 15 0
Kallenbach, H.	3 3 0
Kallenbach, Kennedy & Furner	3 3 0
Lavin, Miss	1 0 0
McKitrick, Miss S. K.	0 10 0
Miller, Dr. A.	5 5 0

Moodie, Mrs. J. A.	1	0	0
Murray, Mr. Justice	25	0	0
Parktown High School for Girls (S.C.U.)	2	17	2
Plaskett, M.	1	1	0
Pybus, Mrs.	0	15	0
Rand Provident Building Society	10	10	0
Ramke, Mrs.	2	10	0
St. Mark's Presbyterian Church Women's Association	2	2	0
S.A. Reserve Bank	10	10	0
S.A. Unity Theatre Group	38	11	7
Sagan, Miss Leontine	15	0	0
Schreiner, Mrs. O. D.	6	0	0
Sheffield & Co., Ltd., T.	5	5	0
Smith, Miss Nancy	2	2	0
Suzman, Ltd., L.	1	1	0
Schoolgirl Visitors (brought by Miss Maude)	0	19	0
University of the Witwatersrand:								
Donations received after Symposium, arranged by N.U.S.A.S.	8	2	0
Women Medical Students	6	7	6
Students at Clinic, 3/8/42 to 17/8/42	0	10	0
University Women's Association (Housing Sub-Committee)	1	6	0
Watermeyer, Mrs. G. A.	1	0	0
Whitehead, Mrs. M. E.	10	0	0
						<u>£340 16 3</u>		

The Street Collection figure includes the following cheques:—

Cronwright, Mrs. M. C.	£1	1	0	Prestwich, Mrs. J.	...	1	1	0	
Friedman, F. L.	...	2	2	0	Pollak, Mrs. W.	...	1	1	0
Lavin, M. F.	...	5	0	0	Ruskin, Mrs. N.	...	1	1	0
Limebeer, E.	...	0	10	6	Stammers, Mrs. P. A.	...	1	1	0
Mackenzie, Vera	...	1	1	0	Suzman, Mrs. H.	...	1	1	0
McNeill, M. A.	...	1	0	0	Todd, Mrs. J.	...	1	1	0
Meyer, E. L.	...	1	1	0	Trenery, Mrs. M.	...	0	10	6
Mitchell, K. M.	...	3	3	0	Walter, Mrs. M. A.	...	5	0	0
Parker, Mrs.	...	1	0	0					

The Alexandra Township Collection is made up as follows:—

Boxes	£22	6	4
Collection in Schools	7	13	1
Mr. Matchubele (Swiss Mission School)	1	0	0
						<u>£30 19 5</u>		

Collection Number: AD1715

SOUTH AFRICAN INSTITUTE OF RACE RELATIONS (SAIRR), 1892-1974

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