

Zam-Buk
soothes
pain
from
tired
feet



Whether your feet are just a little tired or are really bad, sore and swollen, Zam-Buk will give you wonderful relief! Simply bathe your feet in warm water, dry them well and rub in Zam-Buk. The medicinal oils in this famous ointment work deeply into the strained and weary foot muscles and the pain goes! Zam-Buk soothes chafed heels, prevents broken blisters from forming and heals them. Use Zam-Buk for every kind of skin trouble too, bruises or small burns. It heals cleanly, surely and quickly.

KEEP A TIN HANDY

FAMOUS OINTMENT FOR SKIN TROUBLES

In the green and white box

DRUM DEC. 1954

COUGHING NEARLY KILLED HIM

This was the harrowing experience of H. H. W., who writes: "I have been coughing now for nearly two years. I used everything, but without benefit... I had a phlegm on the chest, my breathing was like whistling from the lungs... I almost coughed myself to death... I started using Borstel Inflammation Oil, and it was the only remedy that helped the cough... it forced out the phlegm... the cough, most certainly I should have been freed by now."

Borstel
saved his Life

Borstel is a wonderful old African remedy, modernised, for the quick relief of wenders and tracheitis, Croup, Colds, Bronchitis, Tightness of Chest, Asthma, etc. For adults and children. Speedy benefit is yours when you rely on the relief that Borstel gives.

BORSTEL

From all Chemists and Stores, 2/6. By post 3/-. A. LOMAS (PTY.) LTD., Church Street, Adelaide, S.A.

DRUM 1/54

CONSTIPATION
no wonder you're feeling Depressed


Never mind! Here's the happy answer. A couple of Partons tonight and you'll be on top of the world tomorrow. But you know, if you want to keep fit you must keep regular. Partial elimination is not enough. You've got to get all those poisonous wastes out of your system. That's what Partons do—make sure of complete elimination. They're pleasant but they're thorough. Nothing like them.

PARTONS Pills
30 for 1/- 50 for 1/6


DRUM: SEPTEMBER 1954

COUGHING?

go to your
CHEMIST
and ask for
CHOAT'S
Extract of
Lettuce!



THE BEST AND QUICKEST RELIEF



DRUM

FAMOUS AFRICAN SINGER says...



"You must use two KARROO CREAMS to look really beautiful!"

Mrs Dorothy Manaka is well-known to thousands of fans by her records. She was a big hit at the Bulawayo Exhibition, where she won many prizes. Dorothy is 19 years old, charming and vivacious.

Dorothy says: "You should use Karroo Freckle Cream at night. It has a wonderful effect on your skin. Just rub it into your face and shoulders every night. Next morning, wash it off. You'll soon see that your skin is getting lighter. Karroo Freckle Cream keeps your skin free from spots."

"For daytime," advises Dorothy, "you should use the new Karroo Matt Cream. I'll tell you why. It's a new kind of cream. Karroo Matt Cream is not shiny. It lasts a long time, too. If you want to look really attractive, try the new Karroo Matt Cream. Your friends will tell you how much your make-up has improved."

Numbers of lovely African women use the two Karroo Creams to make them even more attractive.



IN THE MORNING USE THIS 2/- PER JAR

KARROO MATT Cream for Daytime use

at night use **KARROO FRECKLE Cream**



AT NIGHT USE THIS 5/- PER JAR

FOUR QUEENS OF HEARTS!



Beautiful African Women who use TWO KARROO Creams

Four Queens of Hearts! Not in one pack of cards, but with one idea—the two Karroo Creams make you look beautiful. Light, clear skin, free from spots, that's what Karroo Creams do for you. These lovelies will tell you—

FIRSTLY—
Karroo Freckle Cream should be used at night. Just rub it in to neck and shoulders. Sleep. The following morning, wash off the Karroo Freckle Cream. In a very short time you will find that your skin is LIGHTER, more clear and free from blemishes.

SECONDLY—
But just as important—use Karroo Matt Cream in the day-time. It's a wonderful new KIND of Cream. It makes your complexion look really beautiful. It doesn't shine, and it lasts a long time. You can use powder if you like.



IN THE MORNING USE THIS 2/- PER JAR


KARROO MATT Cream for Daytime use

at night use **KARROO FRECKLE Cream**



AT NIGHT USE THIS 5/- PER JAR

Genuine Zam-Buk
WORLD'S GREATEST SKIN CURE




Only ZAM-BUK has those wonderful antiseptic, healing oils which kill germs and disease. ZAM-BUK sinks deep into your skin—right down to the root of the trouble. It soothes away pain and irritation and immediately starts its speedy healing. Doctors will tell you to use ZAM-BUK for cuts, bruises, burns, scalds and all skin complaints. ZAM-BUK is marvellous for tired, sore feet too. Get Genuine ZAM-BUK today and keep it always handy.

Zam-Buk
THE FAMOUS OINTMENT

WARNING! Genuine ZAM-BUK is sold only in the green and white box.

AFRICAN WEEKLY 18/9/54

KILL Tobacco craving!



In 3 days you can overcome the Tobacco Habit. When your feet feel like a smoko, allow one Kimber Brand Anti-Tobacco Tablet (British Formula) to dissolve in your mouth. Instead, then the craving will leave you—in many cases, seven to return. Anti-Tobacco Tablets are compounded from purely toxic ingredients. From your Chemist 8/6 or post free from Kimber Products (Pty) Ltd., P.O. Box 2394, Job., 2400.

DRUM 1/54

Heal that ITCHING INFLAMED SKIN Now!



Turned by itching skin? Ashamed to meet your friends because of ugly spots? You need a tonic. D.D.D. Prescription—the quick, safe way to end skin troubles. Try D.D.D. today—you'll be satisfied, because it's really good for ECZEMA, VELD SORES, ULCERS and sores, as well as cuts and injuries. For quick, safe healing use D.D.D. Buy a bottle now.

D.D.D. PRESCRIPTION

DRUM 1/54

STUFFY NOSE GOES in seconds!



VICKS Inhaler

USE ANYTIME, ANYWHERE

DRUM 1/54

Easily irritated? take a warning from Nature

If you're getting irritable and edgy, finding work tedious and tiring, it's time you knew the reason. Those are sure signs that your nervous system is running down. You need Virata. Virata is not just a tonic. Virata nourishes the whole nervous system. Its unique restorative properties are specially prepared in these pills so that they can be completely absorbed by the system. Take a course of Virata and feel the difference a strong, healthy nervous system makes to living. Start today!

VIRATA

DRUM 1/54

CURE CHEST COLDS FAST!



You rub this good salve on chest and throat at bedtime. Vicks VapoRub cures chest colds fast. Vicks VapoRub is the best medicine to cure chest colds, colds in the nose, sore throat and coughs.

VICKS VAPORUB

DRUM 1/54

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