

Junior Bantu World

Dear Children,

For the last few days I've been busy sending out your membership cards. I hope you'll all receive them safely. Our membership is now 4099. Good going, J.B.W.

With the coming of winter I'd like to warn you against playing with fire. Those of you who are left to look after the young ones when your parents are at work, should always be careful to see that the toddlers are kept away from fires.

It's sad when one visits the hospitals in winter to see kids groaning with pain through being burnt by fire or hot water. Some of these children are deformed for the rest of their lives.

Here are some tips which will help you handle fire carefully.

When making a fire see that you use paper or candle wax to make it burn. Do not use paraffin or anything inflammable.

When cleaning your school blazer or gym dress use tea leaves. Please don't use benzine or petrol.

If your father or any member



When little Punku Bocibo of Orlando East visited the J.B.W. offices there was no trouble at all in asking her to pose for this picture. She was all smiles.

of your family works in a garage, see that he takes off his overall before going near the stove.

When lighting a primus stove put it on the floor and do not pump until the flames die out.

When feeling cold don't come too close to the stove.

When roasting on a brazier use a long fork outside and if its in the house see that children sit three feet away from the fire.

Never sleep with open fires in the house.

Next week I will give you a lesson on how to treat burns.

J. Mandhlazi of 10681A Orlando West has written to ask those of you who would like to learn first aid to visit him in his house. He will be conducting first aid classes free of charge. Orlando members don't miss this chance. I will try to help those of you who are far from Orlando by giving them first aid tips in this column.

Fanyana Xaba: Your membership card and your badge will be sent to you immediately. Thank you very much for the jokes.

All the children from Blood River school Pietersburg, Madika Primary School and Potchefstroom will have their cards sent to them.

Harriet Kumalo of Hofmeyr High School tells us that her English has improved a great deal since she started reading the J.B.W. That's a compliment Harriet, keep it up.

From Sophiatown comes **Viola Peterson** of 44 Sol Street and **Shiella Kenepo** of 50 Sol Street. They both need pen pals all over South

THE HAPPY JUGGLERS



WIN TEN SHILLINGS! Here's a snappy competition for J.B.W. members:

You see the happy little jugglers above. Well, two of them are twins. Which are the two?

When you've decided this question then look carefully at the words HAPPY JUGGLERS. How many other words can you make from these two?

Send your answers quickly to MALOME, P.O. Box 6663, Johannesburg.

Remember, there's ten shillings waiting for the best answer.

Africa especially Cape Town. They both prefer people who have a knowledge of baseball and who should be between the ages of seventeen and twenty.

This week I was visited by **Laurel and Austin Angoma** both of Orlando. They had come to see how the Bantu World is printed. Their father is a regular reader of this paper and they have always admired the J.B.W. column. Although they were not members, before they left the office they both had the membership cards.

Next week we shall have their picture appearing on this page and I will tell you more about them. So please don't miss our next issue.

—AUNT LULU.

Quiz Results

Lots of you had a try for the Children's Quiz published in our issue of March 19.

Yes, lots of you tried, but

only three of you managed to get all the answers right.

Here are the correct answers:

1. Yes, Easter is always on the same day, but not the same date which changes from year to year.
2. Our editor is Dr. J. M. Nhlapo.
3. Enoch Nhlapo is known as 'The Fighting Schoolboy.'
4. A square has 4 right angles.
5. Orlando is the biggest African township.
6. Cairo is the biggest city in Africa.
7. The Matebele people live in Southern Rhodesia.
8. Sobhuza II is Paramount Chief of the Swazis.
9. Breakfast was spelt wrongly.

Here are the winners to each of whom I'm sending FIVE SHILLINGS. Please write and tell me how you spent it.

Jan Nyama — Newclare, Jhb.
Elizabeth Dlamini — Payneville
Roseline Kumalo — Evaton
—MALOME.

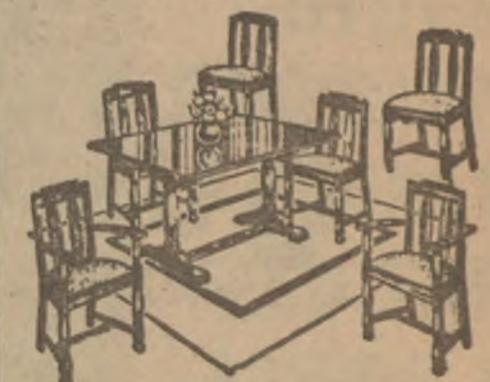
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SENSATIONAL Dorothy Dandridge Hits The Big Time



Dorothy Dandridge has been nominated for the 'Best Actress' award of the Academy of Motion Picture, Art and Sciences. She is the first Negro actress to receive consideration for an 'Oscar'. Nominated along with Dorothy are Judy Garland, Audrey Hepburn, Grace Kelly and Jane Wyman. Dorothy Dandridge got her nomination for her lead in Carmen Jones. But she's up against stiff opposition.

TOP LEFT: On location, Dorothy Dandridge and Harry Belafonte are given advice by producer Otto Preminger. CENTRE: Fans say Marilyn Munro has nothing on Dorothy. Our guess is that Harry agrees. TOP RIGHT: Cesar Romero on a neighbouring set pay a visit to the Carmen Jones cast. BELOW: 'You do it like this!' says producer Preminger. And Dorothy does just that.



SEDUCTIVE Dorothy Dandridge has jumped to fame with her performance in the film Carmen Jones. Directed by Otto Preminger, this outstanding musical has an all-coloured cast.

Carmen Jones is based on Oscar Hammerstein's Broadway stage success. The original music for the opera 'Carmen' by Bizet remains untouched but the lyrics and dialogue are modernised.

The story is set in the American Negro world of the last war.

'Carmen Jones' is the modern 'Carmen'. Instead of a cigarette girl, Carmen is a factory employee. Don Jose of the opera is now Joe, a soldier. Micaela of the opera is Cindy Lou and Escamillo, the torador, is Husky Miller, the champion fighter.

Dorothy Dandridge and Harry Belafonte have been teamed together before. In 'Carmen Jones' they are passionate sweethearts who go to their death because of love.

Harry Belafonte is famed for his singing of folk songs and came direct to play in the film from a Broadway show.

Joe Adams who plays Husky Miller, is one of the foremost 'disc jockeys' in American broadcasting. He is the first

Negro jockey and his daily six-hour programme goes from coast to coast.

Olga James (see Lighthouse) makes her film debut as Cindy Lou. She has a fabulous singing voice well-suited to opera. Although both Dorothy Dandridge and Harry Belafonte are singers, their style is not suited to opera and so throughout the film their voices have been 'dubbed' when they are singing.

The film has now been shown in the United States and critics agree that Dottie Dandridge is the smash-hit.

The London monthly 'Bronze' writes: 'It is a grim, violent story but

just what the cast needed to display their immense acting talents. Well done, Dottie, you've done us proud. For sheer beauty, magnetism and animal attraction I've never seen your equal on any screen.

A big thank you goes to Otto Preminger for his decision to use a coloured cast thus turning a classic into popular entertainment with dignity and simplicity and secondly for a first-rate technical job all round.

We'll be watching Mr. Preminger and keeping fingers crossed for another film with an all-coloured cast from the same stable.

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says Mrs. Elizabeth Dlamini

Mrs. Elizabeth Dlamini, S. J. Smith's Hostel, Block Q, Room 6, Merebank, Durban, writes:

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Friends and Personalities

Mrs. Bertha Motjale of Schweizer Reneke left her family to further her studies at the Bethal Training College. Mrs. Motjale is a mother of twins, a boy and a girl. Mr. Willie Motjale is on the staff of the local Native Affairs Department.

Nurses Selina Boom, Hilda and Miriam Tabutse of the Pretoria General Hospital recently spent their day off in the Pretoria Magistrate's Court

listening to cases in Court B. During the recess they were taken round the building by Constable A. Segoaie of the Central Police.

Among many who went to listen to the Boksburg-Brakpan Rent case in the Pretoria Supreme Court were Mesdames A. Seditse, V. Motloutse, P. Sekuto, E. Mtembu; Messrs. Peter Motloutse (applicant), G. Mngomezulu, D. Guibunda, L. Maphanya, T. Radibe, P. Ma-

bunda, J. Ndaba, J. Mawela, S. Sehloho, E. Mafokoane, G. Maseko, M. Machucho, J. Zulu, E. Sekudu, L. Motaung, M. Mokhathusi, L. Hlope, H. Mokone, A. Mabote, G. Mathebula, B. Moloji, and M. Mazibuko.

Present at the social function held by the Dramatic and Cultural Club last week were Mr. M. Moeng, Dr. P. L. Tsele, Messrs D. Lepelle, P. B. Mambolo, Mokoane, Rapodile, N. Soko all teachers. R. R. Mphahlele, clerk, N.A.D., Mr. Mfazi, Traffic Inspector. Rev. Makgahlela, Bantu Presbyterian Church; Mr. Linda P. M. Gqobose, Mr. D. C. Marivate, Scouts Commissioner and Mr. Adams.



Miss D. Matthews, daughter of Mr. J. Matthews, the singer and her friend Miss Kesiamang of Kimberley are school teachers at East London.



Mr. Harry Mekela knows just about all there is to know of Reef happenings. He writes each week in Monday's Bantu World. Here he is dancing with Miss Talitha Medupe at a recent function.

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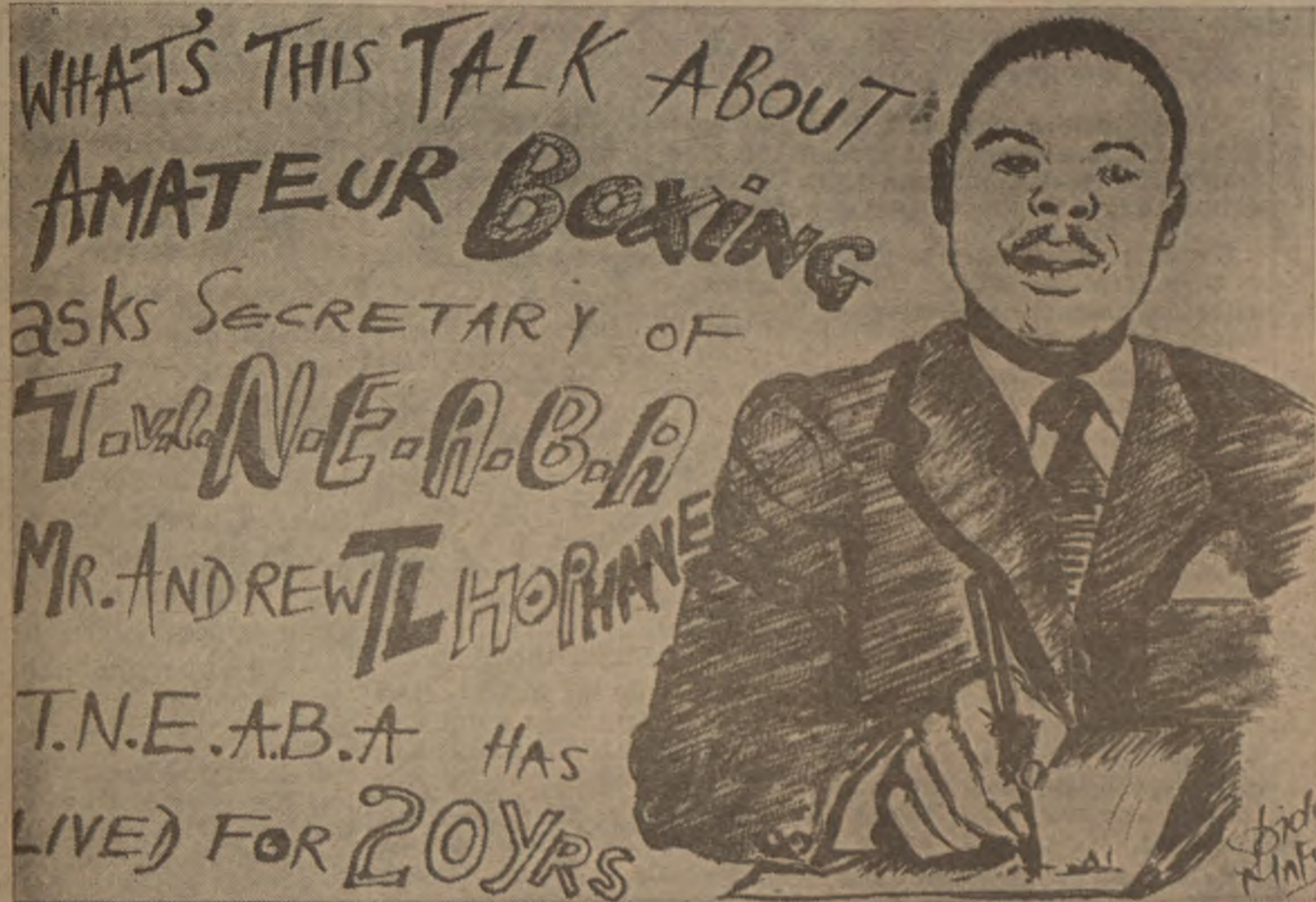
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- ★ Use it if the children cut or burn themselves.

SPORTS WORLD

Saturday, April 2, 1955 SUPPLEMENT TO THE BANTU WORLD PAGE NINETEEN



WHAT'S THIS TALK ABOUT
AMATEUR BOXING
 asks SECRETARY OF
T.N.E.A.B.A.
MR. ANDREW T. L. HORNANE
 T.N.E.A.B.A HAS
 (LIVED) FOR 20 YRS

NORTH EASTERN TRANSVAAL BANTU LAWN TENNIS UNION

OPEN TOURNEY NOW ON

An annual general meeting of the N.E.T.B.T.U. was held at Springs Mine. Among the items discussed was the report of the delegates who represented this Union at the South African Bantu Tennis Tournament held at Bloemfontein last December.

The Union is determined to send a better side if not best to the seat of tournament to be held at Umtata this year.

There is also a possibility of increasing the subscriptions.

The Union will stage more open championships this year and it also appeals to the various clubs to donate more cups to the Union in order to have more championships.

The office bearers for the ensuing year were elected as follows: president, L. Moorosi (re-elected); vice presidents, Messrs B. Mashaya and D. Pharasi; general secretary, N. Pule; ass. gen. secretary, W. W. Barayi; recording secretary, J. Mwamba; treasurer S. H. Mbambo; auditor, R. S. J. Mkwana.

The Brakpan Impucuko Lawn Tennis Club open championship sponsored by the North Eastern Transvaal Union and which is open to all in the Transvaal commenced on Sunday, March 6th. Unfortunately the rain stopped play.

The following are the results of matches played, men's singles: A. division, H. Tladi last year's B. division triple champion of the N.E.T. open beat M. Joldick 6-1, 1-6, 6-0.

J. Pali beat M. Raborife 6-1, 6-2. R. Mokoena beat J. Okker 6-1, 1-6, 8-6.

Women's singles: Miss B. Masikane lost to Mrs. W. Maruping 3-6, 1-6. Mrs. C. Mabuza beat Miss P. Mbele 6-1, 6-2.

B. Division: D. Masango beat A. Sikoane 6-3, 6-2.

—Honey Bird.

● **RUGBY:** Tvl. president Mr. Sonwabo Ben Mazwi and his committees are spending sleepless nights making arrangements for the S.A. tourney.



Ben Bokeer of Sopniatown is the Transvaal golfer who played in Cape Town recently. Bokeer was accompanied by a friend of his, that Golfer of long standing, Ronnie Ditsebe. Bokeer is a coal merchant and Ditsebe a schoolmatser.



Mr. J. Motsipe, president of the Benoni Delfos F.C. is here addressing members of the club during an annual general meeting held at the Davey Social Centre. With him are Mr. Richmond Mabindisa, with pipe, and assistant secretary, Mr. A. Mathupa.

Thomas is a wise man



Thomas fell off his bicycle and hurt his knee. He knew that germs might get into the cut and make him ill. So he put 'Dettol' on the cut. 'Dettol' is strong and kills germs quickly, but it will not hurt you. So whenever you have a cut, sore, bite or sting, prevent infection by using 'Dettol'. That is what doctors do. Make sure you get the real 'Dettol' by looking for the bottle with the sword on the label.

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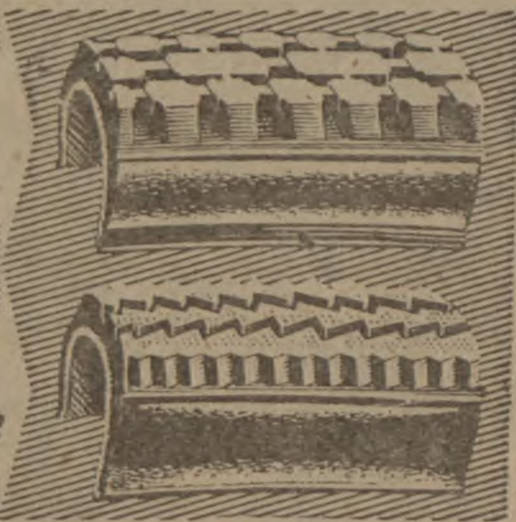
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Natal expected to

Entries are coming in fast for the 1955 Great Karroo Open Championship to be played over the Beaufort West Coloured Golf Course during the Easter Holidays.

Among the early entries from the Transvaalers are Matthew Swartz a veteran who has worn many provincial crowns.

Harry Doty, the hard-hitting Cape Town player who finished runner-up to J. Gumbi in the S.A. open at Bloemfontein in 1950.

Players who have signed on:

A. November, F. E. Brown, K. Bengani, R. L. Brown, J. Petersen (holder), S. Volsatz D. Kinnes, W. Howard.

From border is that ever-green player Roy Oliver.

From Cape Town several lories will take players to the Karroo Open.

Prominent Local challengers will be such fine players as P. J. Duimpies last year's runner-up, B. Arendse, H. Davids, J. Mcpherson (club champion).

There is strong rumour that Natal may send a contingent of players.

There will be huge tents and refreshments after each nine holes and proper sanitary arrangements at the last hole.

It would be interesting to have men like Bob Nkuna, Cox Hlapo, Ronnie Ditsebe, Lips Manzana, B. Fakier (Natal) competing.

Entry fee is 12/6 and closes with the secretary on March 26th, board and lodging could be arranged with the secretary.

—Peter Louw.

Early Roses Officials

The annual general meeting of the Early Roses F.C. was held at the Robert Strachan Hostel, Germiston on March 10th.

The following were elected office bearers: President-general, George Makatini; chairman, Ted. C. Ntsipe; vice-chairman, Jimmy Tloti; treasurer, Willie Napier; secretary, Jack Sedibe; ass. secretary, Ignatius Mothibi; manager, Ted. C. Ntsipe; trainer, Gilbert Radebe; induna-captain, Jafta Radebe; supervisor, Lawrence Ndabula; captains, I. Mothibe, E. Moeakoen, F. Maphoto, W. Nkabinde, and A. Selwane.

The following were nominated by the club: J. F. Hugo, life president; A. A. Butler, patron.—Secretary.

YOUNG TIGERS BEAT MOKOPANE

The Mokopane College Team suffered its heaviest defeat in ten years when it played against a local team-Young Tigers of Potgietersrust.

The Young Tigers' second eleven was not in form. At the end of the game the score was Mokopane B-1, Young Tigers B-0.

The match became sensational when the first eleven teams started play.

After the first half the College was totally confused as Tigers demonstrated fine combination.

Outstanding players of the day were, D. Makena (Boyela Tshwane), A. Semanya (A.N.D.), W. Matlala (Watch ya Mokone), E. Gwangwa (Skraak).

The score was Young Tigers A 4, Mokopane A 1.

This was the first match of the College this year.—Mma-ntshware.

P.E. gets ready for S.A. tourney

Rugby fixtures have not yet started in P.E. but all teams are practising hard.

Eastern Province will send a strong team to the S.A. tournament to be held in Johannesburg in June.

Doomdraai results

A soccer match was played between Mmatodupyane and Impala team of Doorndraai.

The Impala team players were: J. Ramonyai, M. Matesa, Z. Ralebofu, N. Ralebofu, K. Makwela, W. Deka, J. Thaba, D. Selepe, P. Ramosaba, J. Mogashoa, Sape. Referee, Mr. Moshabi.

Mmatodupyane team: Z. Maja, M. Matodupyane, E. Miya, Z. Madisha, S. Maja, O. Madia, F. Lekgothwane, P. Maja, H. Maja, S. Mothiba, C. Maja, R. Makwale.

(B) score 1-0 in favour of Doorndraai.

The 'A' teams score was 1-1. Doorndraai won the cup.

—W. M. Deka.

SHARPERVILLE TENNIS

A thrilling tennis match was played by Winter Roses L.T.C. of Vereeniging against Roaring Forties L.T.C. of Vierfontein at Sharpeville tennis courts on March 6th.

The results were: Vereeniging 108, Vierfontein 96.

big day at the... Ground. Important softball matches were played for the first time in the area and drew big crowds.

The crowd must have been attracted mostly by the women matches between the Comets and the Ostros.

As a result of this, there are talks all over Pimville that more women teams be formed.

Comets revealed outstanding fielding and batting.

It must be mentioned that speed and accuracy of the Comets will take the other women clubs some time to achieve.

Among the other matches of the day, the Lookouts stole the show when they convincingly outclassed the Comets B, in fine style.

Each minute kept the spectators in suspense.

In the 5th inning the Comets included fresh members in their team.

The results:

	1	2	3	4	5	6	7	
Lookouts	1	6	0	6	6	1	3	— 23
Comets	0	5	6	2	5	1	2	— 21

The home clubs, the Midgets and the Lookouts provided the lady teams with refreshments.

—Spectator.

A few youngsters are serious. They are Gcina Mona of Spring Rose and Nyameko Mbelekane of Eastern. The first choice at flyhalf is Kholekile Majola of Roses. At centre there's a question mark because Noqoli is old and we want youngsters these days.

If Nopo Senti is available he will be my first choice for the position. He is playing for Eastern.

We have three best wings in Winty Pandle, Grey Mgubela both of Roses and sprinter Mvelo Singaphi of Butcher Birds.

In the forward line I'll mention "Chief" Zinto Vuyisile Mbelekane, Robert Maduba, Boyce "All Blacks" Hewana, Dumile Kondile they are all playing for Easterns and Dan Qeqe, Aaron Dyoba both of 'Roses.—Ex-Player.

Winter Roses are mainly composed of old timers with many years of experience in tennis.

The club's motto is: "The survival of the fittest."—Z. B. Tsceu.



Nurse V. Mbaba (left) and Suzan Mbewu of the Germiston Hospital were recent visitors of Welkon. OFS

ALL ABOUT OUR NURSES

DURBAN HOSPITAL OVERCROWDING

Overcrowding is at present a big problem in Durban's King Edward VIII Hospital may be eased soon. The Natal Provincial Administration is planning to give Durban another 400-bed non-European hospital.

The Administration is at present negotiating with the Union Health Department for the purchase of the Clairwood Hospital.

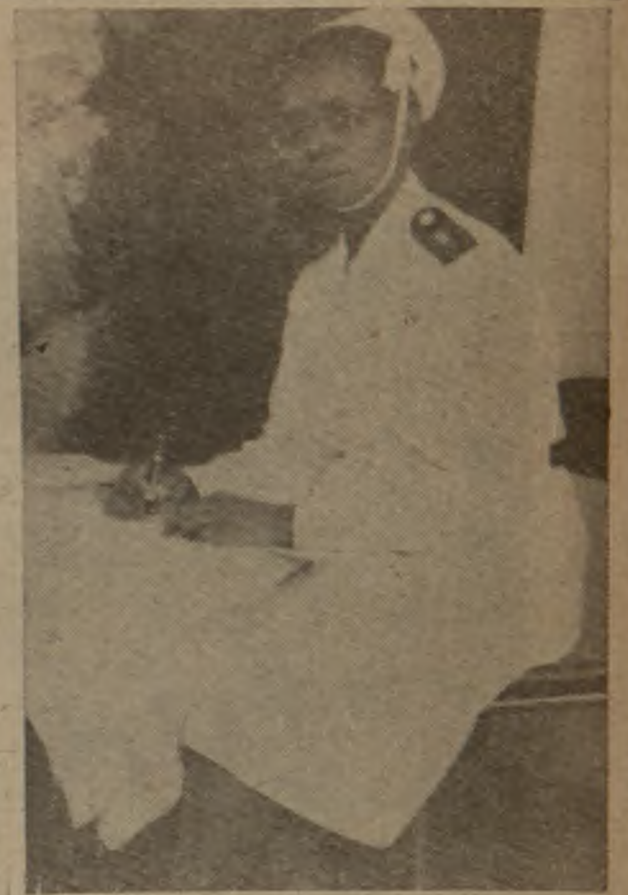
The Administration will combine the building, giving the University of Natal room for the Department of Family Practice of the Medical School, and in the remainder would establish the hospital together with an adequately-equipped out-patients section.

Congratulations to these nurses who have passed their preliminary examination.

F. Dlamini, D. Galo, S. Jele, G. Jenqa, D. Madibi, M. Mpanga, J. Mogodiolo, C. Maliehe G. Matontsi, M. Mkize, J. Mpelo, V. Msweli, S. Mteto, E. Mzanda, T. Naidoo, P. Ndlovu, R. Nqunga, J. Nompuzolo, W. Nompuzo, V. Ntamo, P. Nyanden, Z. Tabane, O. Tshabalala, V. Tisane, G. Vena, B. Wildebeeste, A. Zulu, V. Zulu, D. Juzana, B. Mnyayiza, A. Tshabalala.

The Baragwanath Hospital nurses will hold their monthly meeting on the 23rd of March.

Sister Rita Shezi has been promoted to the nurses' school as lecturer for senior nurses. She has long been in charge of ward 10 and is one of the most



S/N Maud V. N. Ngozi has become a tutor at Livingstone Hospital, Port Elizabeth. (See story on this page.)

active member in the nursing profession.

On Friday 11th March S/N Ellen Totongwane of the Non-European hospital was married to Mr. R. Anderson, Johannesburg a businessman who owns a printing press.

CORONATION HOSPITAL: Mary Bima, Mirriam Hlalu, Adeline Nanciya, Mavis Mdlalose, Margaret Mhlomi, Olive Mnguni, Rose Gceli, Maggie Maifadi, Koliana Motsosi and Philda Ngwane, have also passed their preliminary examinations.

BOKSBURG-BENONI HOSPITAL: Pat Modikoe, Selina Chauke, Maud Matlakala, Sophie Sediba, Agnes Setlhare.

Staff Nurse Maud V. N. Ngozi of the Livingstone Hospital, Port Elizabeth is the first Non-European staff nurse to become a tutor in the Hospital. Educated at Clarkebury Institution where she passed N.P.H. II she taught in the Transkei, Kilnerton Institution and Zuurberg Mission Schools. After many years teaching she joined the nursing staff at the Frere Hospital, East London.

In March, 1952 she resumed nursing services at the Livingstone Hospital, Port Elizabeth where she qualified as nurse. She was appointed staff nurse on the 1st of November, 1953.

In August, 1954 she was promoted lecturer and she has now been appointed acting sister-tutor.

Nurse Francina Nare of Si-loom Hospital is spending her annual holiday with parents at Kranspoort. She will also visit relatives in Pretoria before returning to the hospital.

The following nurses of the Vereeniging Hospital have successfully passed the S.A. Preliminary Examination: Nurses Mirriam Mzelem, Crystal Nanywa and Ann Sechoaro.

Nurses Joyce Khomo, Regina Matsana of Masana Hospital have passed the Preliminary Examination of the Provincial Nursing Council. — **AUSI**

WOMEN'S WORLD

Mrs. L. C. Matloporo, president of the George Goch branch of the National Council of African Women who was a delegate to the annual conference held at Lovedale reported back recently at a meeting held in the Communal Hall.

The Bloemfontein branch of the National Council of African Women held their annual general election recently. Mesdames H. Sedikelo, president; M. Bosaletse, vice-president; T. Moshoeshoe, secretary; H. Matli, vice secretary; and R. Ditira, treasurer.

Mrs. G. Leshoai of Bloemfontein was given a big farewell by women's organisations when she left to join her husband in Kimberley. The function was arranged by the N.C.A.W. Members of the Zenzele and Home-Makers attended in big numbers.

Members of the Bloemfontein N.C.A.W. visited Winburg recently to organise a new branch. They travelled by bus. They were given a warm welcome.



I spied on my neighbour!

We moved into one of the new Council houses, and I was so proud of our home. I wanted to be the best housekeeper in the whole township.



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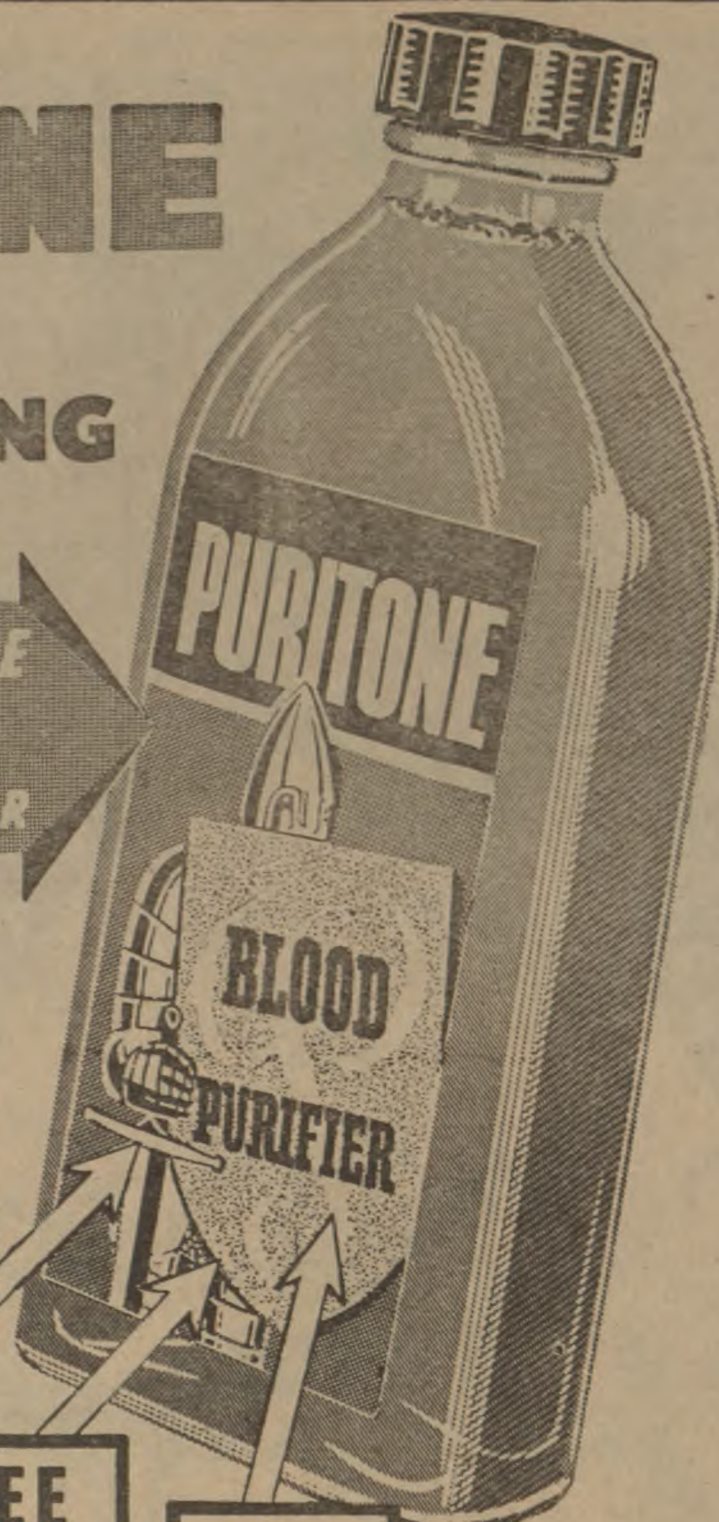
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Recipes you'll Like

Mixed Salad

1 cupful chopped tomatoes
1 cupful chopped cucumber
1/2 cupful radish
1/2 cupful chopped apples
2 tablespoonfuls pickled onion
Dressing and lettuce leaves.
Mix all the ingredients together with the dressing, and arrange in small quantities on the lettuce leaves which should be used to serve the salad.

Raisin Loaf

2 lb flour
1 lb raisins
mixed spice
1 cake yeast
Method. Dissolve the yeast. Mix with the flour, raisins and spice. Put into a tin and bake to a fine brown top. If a richer loaf is required, rub in a little butter with flour and add more fruit.

Egg baked with Cheese

Two or three eggs
1 small onion
2 ozs butter
1 oz breadcrumbs
1 tablespoon cheese
Parsley, pepper and salt.

Method. Chop the onion, fry it in butter until it browns, add the breadcrumbs, a little grated cheese, some finely chopped parsley. Season with pepper and salt. Fry for 2 to 3 minutes. Butter a pie dish, place some of the fried ingredients, break in eggs, sprinkle with pepper and salt cover with grated cheese. Bake in a moderate oven long enough for the eggs. Serve at once with chopped parsley sprinkled over.

Macaroni Cheese

1/2 lb thick macaroni
1/2 lb ripe tomatoes
2 ozs grated cheese
Pepper and salt
2 ozs butter, milk.
Method. Boil the macaroni with salt till soft. When done pour into a colander to drain. Melt the butter in a fire-proof pie dish, then add the drained macaroni cheese and tomatoes sliced. Sprinkle pepper and salt over and add enough milk to cover. Put in a slow oven and bake for 20 minutes.

MARRIED



Mr. and Mrs. S. E. Malefane of Edenburg were recently married there in the Dutch Reformed Church. Rev. I. S. Steyn officiated. Both the bride and groom are teachers.

Plain Salad Dressing

1 Deserts spoon oil
1 tablespoon vinegar
2 teaspoons sugar
cayenne pepper, salt, mustard.
Method.
1. Put all the ingredients together.
2. Stir well for two or three minutes.
3. Use as desired.

—BERTHA.

Completed



Nurse Agriette Nchukana was photographed recently at Alexandra. Miss Nchukana has completed her training at Baragwanath. Her home is in the Cape.

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36 Cubs in her pack



Mrs. E. Bambisa, Cubmaster of the 1st Nigel cub pack, has been 5 years in the Scout Movement. She was photographed with some of her cubs who are new scouts.

Nurses Entertained

Nurses of the Baragwanath Hospital were entertained by the Young People's Orchestra of the Jewish Guild at the Y.M.C.A. Hall, on Wednesday, March 23.

In her welcome speech the matron thanked Father Jerrat-Kerr for his idea of inviting the Orchestra. She told the artists that this evening would be one of the exciting events in the social life of her nurses.

The opening songs Marche Miltra and Barcarolle were conducted by Norman Fait, a pupil conductor.

Margaret Mzolo one of the nurses sang delightfully particularly in the song "Because" by D'Hardelot. The leader of the orchestra praised her singing.

Guisepe Vitali who played the solo trumpet in "Carnival of Venice" by Benedict also impressed the audience.

The Master of Ceremonies kept the audience laughing from beginning to end. Everybody was entertained and the nurses had another request to make and that was "Please come again."

Home Hints

Add 1/2 teaspoon of ammonia to the first washing water and the last rinsing water.

Rust stains can be removed by rubbing lemon juice and salt on to the fabric. Bleach in the sun. This can be repeated if stain is heavy.

Put beetroot in a saucepan of cold water, add salt and boil for 2 to 2 1/2 hours.

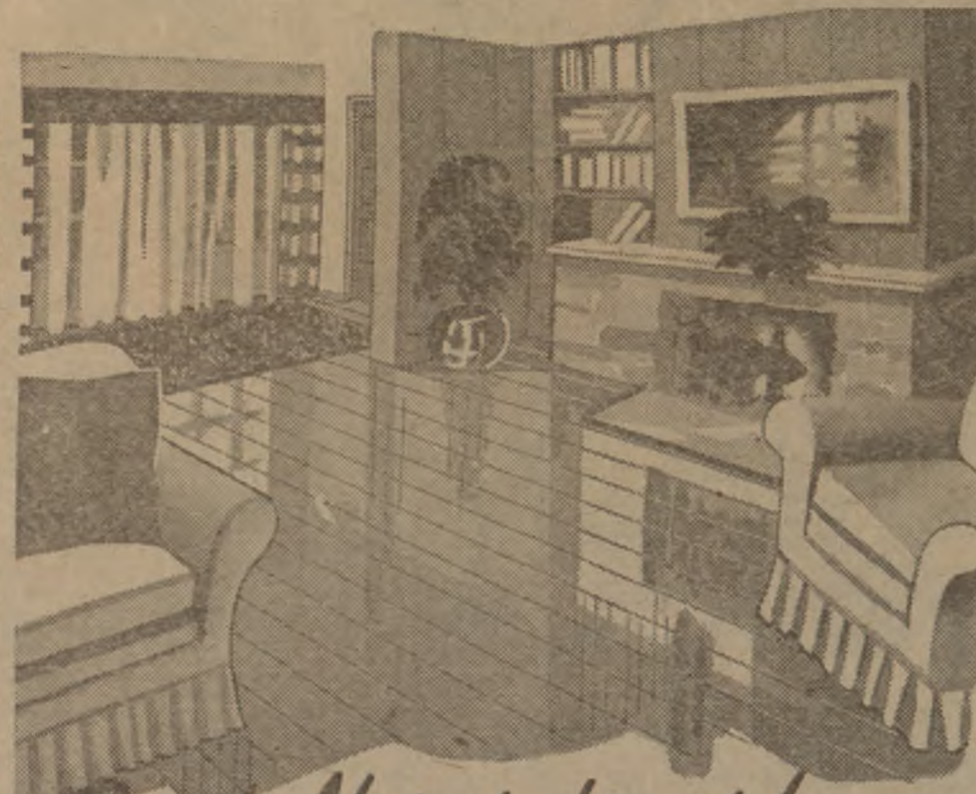
Dried peas can be soaked overnight. Put in cold water, with little bicarbonate of soda. Boil for 2 hours.

Add a teaspoonful of cold water and a pinch of salt to an egg white when whipping. When stiff add 2 teaspoons sugar and whip again. It just fluffs and fluffs and fluffs.

Try rubbing 1/2 a teaspoon ginger, salt and pepper in your meat before roasting.

Add 1/2 teaspoon ginger with sugar for glazing sweet potatoes.

Clocks enjoy the fumes of paraffin. Moisten a little cotton wool and pop it inside the back of the clock—the fumes clean the works.



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MALITABA'S POSTBAG

Jerry Molefe of 1596 Letanka Street Western Native Township would like to marry. He prefers the settled type of woman, who does not care for nice times. She should be between 19 and 23. Those who write should enclose a snap, and be prepared to marry after two months correspondence.

—J. M., Johannesburg.

What standard of education should one have to take up social work?—B. K. Wepner.

The standard preferred is matric or its equivalent e.g. Primary Higher Teachers Course. For full particulars write to the Director, Jan Hofmeyr School of Social Work, Eloff Street Extension, Johannesburg.

I have been in love with a girl for three years now, during the fourth year. She wishes to reject me but I love her very much. Please tell me what to do.

—J. G. M. Theunissen.

I am afraid the fault is with you. How can you keep the poor girl for such a long time with no hope of marriage. She might have had somebody who is not prepared to waste her time as you have done.

I am a boy of 25, married two years ago. We have a baby boy now. We would like to sign and have a marriage certificate. How do we go about it?

—Worried, Lady Selborne.

I am pleased you have now decided to stay legally with your wife. Consult your nearest Native Commissioner and Magistrate after which you can see your local priest for blessings and the baby's birth certificates.

I am continually being approached by Africans in connection with learning to type but naturally am unable to help them. As I feel that these people should be given such opportunity when desired, will you kindly inform me if there is any particular place where I can refer them.

M. I. W., Johannesburg.

You can refer them to Miss Melville School of Shorthand and Type writing, 82 Security Building, 95 Commissioner Street, Johannesburg. This lady conducts evening classes for Africans but takes a very limited number.

I am 29 years of age and this year I feel I should get married to a nurse or a school teacher. Please recommend me to any of these people. I do not smoke nor drink, and have a good job.

M. M. M., Fordsburg.

I am sorry I cannot do this, you must make your own contact.

A schoolgirl was head over heels in love with a school-boy of a different school. When her teacher heard of this he punished her. Please tell me if a teacher has any right to deal with school girl's love affairs?—Curious, Mayfern, Nelspruit.

In the first place a school-girl has no right to fall in love while at school. She will have all the time when she has completed. A teacher has a right to help his pupils but punishment is a different matter.

My wife has a private correspondence with her parents, and blames me for neglecting her. Her parents want me to send her home and address her letters with her maiden name. Shall I sue for divorce, malicious injury to personal property or defamation of character?—T. P., Sandown.

It will be unwise of you to take any legal steps. Why not talk things over with your father-in-law? There may be something else that is worrying him which your wife told him.

Could you give me the address of Messrs Tambo and Mandela, attorneys?—Worried.

Chancellor House, 25 Fox Street, Johannesburg.

I would like to know the address of the St. Michael's Hospital. I read in a recent issue of Mayibuye about this

hospital but no address was given.—T. Diamini.

The St. Michael's Hospital address is Kuruman District. Via Vryburg, C.P.

Kindly furnish me with the address of a firm where I can have my box camera repaired?—B. M.

You do not give your address but many chemists also deal in photographic goods. It may cost you as much to mend your camera as to buy a new one.

I am a married man, matriculated and a former school teacher. I would like to train as a librarian or secretary.—Inquirer, Delmore

To train as a librarian you must first be employed in the service. Write to the Non-European Library Service, c/o Transvaal Education Dept. (Bantu Section) Pretoria. If you wish to take a course as a Secretary it would be advisable to get into touch with one of the Correspondence Colleges. The course is difficult as also is that of Librarian.

It would be useful to those who attend Pretoria cinemas to read from our paper forthcoming films and the dates and times of showing. The more editions of our paper, the more we are expecting from them. It will grieve many Pretoria cinema goers if only Johannesburg cinemas are own and Pretoria cinemas never appear at all.—D. M., Pretoria.

Why do we not see our bioscope picture programmes which are coming shortly? We always read our Bantu World twice a week now and we see you are putting in articles of what is owing at the bioscopes. Here in Alexandra we must walk a long way to see what is on. Can't we have these articles too?—S. Mandla, Alexandra.

The articles showing future bioscope programmes must be paid for by the bioscope owners. The possibility of Preto-

ria and Alexandra bioscope owners taking such advertising space will be investigated.

The articles showing future bioscope programmes must be paid for by the bioscope owners. The possibility of Pretoria and Alexandra bioscope owners taking such advertising space will be investigated.

Health and beauty

STAND UP STRAIGHT!

There is one way in which we can all improve our appearance a hundred percent—just by standing up straight. Try it!

Stand in front of a mirror, sideways on, pull in your stomach and your buttocks, hold your head up and make yourself as tall as you can. You will be amazed at the difference in your appearance.

Remember to practise standing like that—and walking too. And when you are sitting—sit up straight, with both feet flat on the floor—it looks so much better than to see a girl slouched in a chair—her legs sprawled out in front of her—or curled around the legs of the chair.

If you can remember to sit prettily and walk gracefully, you will go a long way to improving your appearance. Not only will it add to beauty but to health—round shoulders and a slouched position cramp our lungs and prevent our breathing healthily.

For good posture, remember to make yourself as tall as you can. Practise walking around with a book or a small box balanced on your head.

Here are some exercises to help you attain a good posture:

1) Stand against a wall, with your back to it, feet together, heels two inches away from the wall. Press your buttocks against the wall, and then, working upwards, press each bone of the back in turn against the wall and keep it there; until at last your neck and your head are also pressed against the wall. You will then be standing perfectly straight. Practise this, whenever you get a chance.

2) For round shoulders. Grasp a towel or a strong piece of cloth firmly in both hands. Throughout the exercise the hands must pull against each other, so that the towel is kept taut. Count One: Raise the arms overhead, keeping them straight. Count Two: Slowly bend the elbows out sideways, pulling on the towel and bringing it down behind the head (you will feel the pull behind your shoulders) Count Three: Slowly straighten the arms overhead. Count Four: Lower the arms in front of the body. Do this 5 times, slowly, pulling strongly on the towel all the time.

Remember—Good posture is one of the secrets of a good figure.—E. G.

E THEKO E TLAASE!
E PHAKISA HO FETA!
E HLOEKILE HO FETA!

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HO APEHA
HO BONESA
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AGENTS WANTED

Simon Malaza, wellknown golfer, has decided to break his silence. Many golfers have been asking him why he's been so quiet. Mr. Malaza gives his reasons as personal difficulties and disappointment with the manner in which Africans play golf.

He says golf is the same all over the world except where the cur-bar reigns.

Mr. Malaza wants to know the meaning of the word 'open' as applied to golf. He attacks the golf officials who replied to Mr. Rabby's questions while Rabby was holidaying in Orlando.

Says Malaza: "Any person out for fairplay should remember these words. There is only one way of doing things. And that is the correct way."

Mr. Malaza also enclosed a letter from Egypt. It is written by the honorary secretary of the Egyptian Golf Federation, Mr. John Plant. The letter was addressed to him in his capacity as secretary of the Johannesburg Bantu Golf Union.

It states: "We plan to hold a match-play tournament at the Gezira Sporting Club on April 15th to 17th. The amateur championship of Egypt is to be played at the Alexandria Sporting Club over the following week-end."

The handicap limit for the amateur is to be 7 strokes.

It has not yet been decided what the total prize money

will be for professionals competing in the match-play event.

But it will increase as the entry becomes more attractive. If you have first class professionals who intend to compete in it, we shall be glad to accommodate them during their reasonable stay in Egypt. We hope to have an entry which will justify our offering prize money of about £500 to a £1,000."

Mr. Plant adds that he wrote to Booby Locke to find out if Locke intends to join.



Among Pretoria's popular tennis players are these two domestic workers, Miss Rebecca Makhahimele (left) and Miss Elizabeth Malibale. Rebecca and Elizabeth spend most of their sparetime on the Dougall hall courts.

HOME DEFENDERS WALK OFF SOCCER FIELD

In a friendly soccer match between Black Jacks of Atteridgeville and Pietersburg Home Defenders of Muckleneuck on Sunday, some members of the Home Defenders senior division decided to walk out of the field.

In an earlier match, Black

Jacks "B" were convincingly beaten by the Home Defenders "B" the score being 3-0.

The half-time score for the main match was 3-0 against Home Defenders.

It was hardly five minutes after half-time that more than half the team walked out of the field.

Dissatisfaction of the referee was given as the main cause.

If their argument holds water, why did these members walk out of the field without the order of their captain?

The match was not rough. Black Jacks F.C. officials: Secretary, Mr. Z. D. Mashao, 13 Ramushu St. Atteridgeville, Pretoria; Rec Sec., Mr. Z. M. Mbewe; Com. member, Mr. P. B. Seemane.—J. Kheledi

● Kid Dynamite: Before winning the S.A. flyweight championship, Dynamite signed up with Nat Moodley to defend his title in case he won against Simon Ngcobo in Durban this month. This fight is expected to take place in a fortnight's time. The Kid is also after the Empire title.

CRICKET

The following are details of a cricket match played at St. Helena on February 27th between St. Helena C.C. and Bloemfontein C.C. The match resulted in a win for St. Helena on the 1st innings.

St. Helena C.C.: P. Tunzi 9; F. Nondumo 21; H. Puza 13; J. Mlaxa 20; Bloemfontein C.C.: E. Burghers 34; St. Helena C.C. 2nd innings: P. Tunzi 16; N. Nondumo (captain) 54 not out.

St Helena 1st innings 37.

Bloemfontein C.C. 1st innings 64. St. Helena 2nd innings 105. Umpire—S. Lobi.

Frugersdorp: There was a dull football match in Krugersdorp on Sunday. Krugersdorp Pirates beat a visiting Klerksdorp team 5-2.



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